

MASSAGE

R Classic Massage

Our signature full-body massage applies a combination of massage techniques and medium pressure to melt away stress and tension, improve circulation and total relaxation.

50 minutes - \$109 80 minutes - \$149

Deep Tissue/Sport Massage

Rescue yourself after an intense workout or overdoing any strenuous activity. This therapeutic massage uses firm pressure to relieve deep overworked and tense muscles.

50 minutes - \$119 80 minutes - \$159

Aromatherapy Massage

This aromatic treatment will awaken your senses by using essential oils customized to soothe, tone, detoxify or rejuvenate your body.

50 minutes - \$119 80 minutes - \$159

Restorative Hot Stone Massage

Experience a new level of relaxation as smooth, heated basalt stones gently glide across the body in a soothing rhythmic massage. The healing stones promote release of muscle tension, tissue repair, and total well-being.

70 minutes - \$149

De-Stress Massage

Improve your inner vitality with a localized massage. This massage focuses on a specific area of your body that accumulates the most stress and tension. Perfect for neck, shoulder, back, legs, or feet.

25 minutes - \$69

Reflexology

Relieve tension with an ancient form of healing. This foot massage uses pressure points on the feet that correlate to specific body systems to stimulate blood flow and add vitality to your step. For the ultimate foot experience, a 50-minute session will feature a calming moisturizing treatment.

25 minutes - \$69 50 minutes - \$119

Prenatal Massage

Our certified prenatal massage therapists provide a luxurious treatment created to support and nurture the mother-to-be. Special techniques will ensure complete comfort even late in pregnancy. This special treatment enhances the well being of mother and child.

50 minutes - \$119 80 minutes - \$159

Couple's Massage

Enjoy R Classic Massage experience with someone special in an adjoining suite. Price per person:

50 minutes - \$119 80 minutes - \$159

Added Relaxation Treatments

Moisturizing Scalp Hand Rejuvenation
Foot Exfoliation Hot Stone

Each addition \$25 (no additional time)
or enjoy any three for \$60 (25 minutes)

BRIDAL & PRIVATE SPA PARTIES

Customized packages for bridal parties and private parties are available. Please inquire with our Spa Director to organize and design a special group package.

GIFT CARDS

Our spa staff will assist you in selecting the perfect gift of well-being, presented in a personalized gift card. Complimentary gift wrapping available for all spa gifts from our boutique.

SPA FACILITIES

R Spa is a wellness resort featuring a 12,000 square foot fitness center. Our luxurious amenities include locker areas, whirlpools, steam rooms, saunas and relaxation lounges.

Day use of fitness facilities is available when booking spa treatments of 50 min or more in length. Complimentary valet parking provided for R Spa guests.

SPA ATTIRE

Robes, sandals and a personal locker are provided for your convenience. Please arrive at least 20 minutes prior to your scheduled services to relax and prepare for your spa visit. If you should arrive late, your appointment may be shortened to ensure the satisfaction of all guests.

CANCELLATION AND CHARGES

Treatments you select are reserved especially for you. We require a minimum of 24 hours advance notice for a single treatment or 48 hours advance notice for packages and multiple treatments lasting more than two hours. Without notification, 50% of your service fee will be charged. All treatment prices do not include gratuities. Prices subject to change without notice.

R SPA MEMBERSHIP

The R Spa Membership offers the wellness benefit of consistent and exceptional care of your body and mind.

Includes:

- One Monthly Massage or Facial
- 20% off Additional Spa Services (Mon-Fri)*
- 15% Discount on Skincare Products
- Same Day Access of Fitness Center
- Exclusive Specials
- Complimentary Valet Parking
- Annual VIP Spa Party

1-year
membership:
\$89/month

*Childcare available for a fee. Waxing Excluded.



Relax | Rejuvenate | Refresh

R SPA SERVICES HOURS

9:00am-9:00pm
Monday through Friday

9:00am-8:00pm
Saturday through Sunday

2805 Jones Road
Walnut Creek, California 94597
925.942.6379



FACE

All of our pampering facials at R Spa are customized to your skin type with results in mind. 60-minute facials include: a deep cleansing, exfoliation, extractions, masque and moisturizer plus face, neck, shoulder, hand and foot massage. 80-minute facials include an additional warming back ritual and luxurious moisturizing treatment for the hands and feet.

R Fabulous Facial

Our classic European facial is specifically designed to repair and restore the vitality of your skin. This therapeutic experience revives with natural antioxidants, designed to address a variety of skin care concerns. You will leave glowing and radiant.

60 minutes - \$109 80 minutes - \$145

Organic Seasonal Facial

An amazing treatment using nature's best ingredients to produce healthy looking skin. Your skincare therapist will choose from fresh organic fruits, Hungarian herbs and exotic spices to customize a seasonal treatment of beautiful masques, serums and exfoliants leaving your skin refreshed.

60 minutes - \$109 80 minutes - \$145

Anti-aging Deluxe Treatment

Immediately improve skin density, texture and tone with a synergistic peel containing a blend of alpha and beta-hydroxy acids. This non-irritating formula combined with an intensely moisturizing masque will diminish fine lines and wrinkles, visibly reduce pore size, prevent future breakouts and perfect skin tone.

60 minutes - \$149

Therapeutic Acne Facial

An intensive treatment designed to relieve problem skin. The skin is deep-cleansed, purified and calmed with a soothing masque to heal acne breakouts. Regular treatments along with prescribed home care will result in significant improvement. 6 sessions are recommended for best results.

60 minutes - \$109 Series of 6 - \$545

Men's Fitness Facial

Replenish suppleness to skin stressed by daily shaving. Sweep away signs of fatigue with an enzyme peel, and extractions while restoring hydration.

60 minutes - \$109 80 minutes - \$145

Refreshing Facial

When time is a factor; this mini facial is the perfect skin refreshing solution. The gentle cleansing, exfoliation and customized masque will replenish your skin's nutrients for a complexion that glows.

30 minutes - \$69

Teen Facial

This result driven facial is designed to treat the challenges facing teen skin. The skin is deeply cleansed, extracted, masked, hydrated and protected.

45 minutes - \$79

Purifying Back Treatment

This deep cleansing treatment will remove impurities, calm blemishes, moisturize and nourish your back leaving your skin radiant and healthy.

30 minutes - \$69

Face Enhancements

The following can be added to any of face treatments without added time:

- Firming eye treatment
- Multivitamin exfoliation treatment
- Anti-aging lifting masque
- LED Light Treatment

Each addition - \$25

ADVANCED SKINCARE

Dr. Dennis Gross Express Peel

This spa peel produces instant results without irritation. A patented formula, developed by a leading dermatologist, utilizes natural alpha-hydroxy acids with beta-hydroxy acids to diminish fine lines, pore size and pigmentation, control acne and oily skin, and improve texture and firmness.

20 minutes - \$69 (Original formulation)

20 minutes - \$85 (Progression to Extra Strength Formulation)

LED Light Therapy

Rejuvenate and hydrate your skin with customized LED light therapy in a result-driven facial. It renews aging skin by boosting collagen and minimizing fine lines. It is also effective in treating mild to moderate acne and hyperpigmentation.

45 minutes - \$125

Microdermabrasion

A rejuvenating skin resurfacing procedure that stimulates the production of new skin cells and collagen to diminish the appearance of fine lines, acne scars, blotchy complexions, uneven skin texture and regain a youthful appearance to otherwise lack-luster skin. For optimal results, a series of six is recommended with prescribed home care.

Face: 45 minutes - \$145

Series of 6 - \$725

Face and neck - \$175

Add hands - \$55

Face/neck/décolleté - \$225

MINERAL MAKEUP

Makeup Consultations

Learn the colors that are perfect for your skin tone with the perfect color match in 15 minutes.

15 minutes - \$15

Makeup Application

For any occasion where you want to look your best, this personalized mineral makeup application will give you glow and confidence.

50 minutes - \$50 and up

WAXING

Brow Shaping	\$32	Lip or Chin	\$18
Brow Maintenance	\$22	Underarm	\$25
Full Face	\$55	Chest or Back	\$65
Half Arm	\$30	Bikini	\$40
Full Arm	\$55	Brazilian Bikini	\$85
Half Leg	\$45	Half Leg with bikini	\$70
Full Leg	\$75	Full Leg with bikini	\$95

TEETH WHITENING

Spa White Teeth Whitening

Spa White provides teeth whitening services to those in search of a brighter, whiter smile. Our clients enjoy an average of 2-5 shades lighter in only 30 minutes.

One treatment - \$125

Series of two - \$199

BODY

Tropical Body Polish

Immerse yourself in this sweet blend of mango ginger warming sugar or lavender salt as it gently exfoliates the dead surface skin cells. The product will be washed away under a Vichy shower, providing a warm "rain shower" reminiscent of the tropics.

25 minutes - \$69

With a 50-min. R Classic Massage - \$169

Detox Mud Wrap

Detoxify your body with a full body dry brush exfoliation followed by a warm mineral-rich body wrap to extract toxins.

45 minutes - \$115

With a 25-min Classic Massage - \$169

Body Polish and Tan

This creamy body polish contains organic botanicals, antioxidants and essential oils designed to condition, soften and evenly exfoliate your skin. The invigorating particles smooth and prep your skin for a truly exceptional sun-free tanning experience.

45 minutes - \$105

Spray Tanning

AirBrush tanning uses a safe, alcohol free, hypoallergenic tanning solution to customize an even, sun-kissed glow that is right for you. The color is natural, fragrance-free and fades like a suntan without the damaging effects of UV rays.

Full-Body (10-20 minutes per session)

- One Session - \$40
- Five Sessions - \$175 (\$35/session)
- Ten Sessions - \$300 (\$30/session)

Legs Only (10 minutes per session)

- One Session - \$20

SPA PACKAGES

Retreat

- 60-minute R Fabulous Facial
- Body Scrub of Choice
- 50-minute R Classic Massage
- Spa Cuisine Lunch

Half Day - \$279

Detox

- 60-minute Seasonal Organic Facial
- Detox Mud Wrap and Massage
- Spa Cuisine Lunch

Half Day - \$269

Reminisce For Two

- 60-minute R Fabulous Facial
- 50-minute Classic Couple's Massage
- Spa Cuisine Lunch for Two

Half Day - \$449/couple

Rejuvenation

- 80-minute R Classic Massage
- Body Scrub of choice
- 80-minute R Fabulous Facial
- Spa Cuisine Lunch

Full Day - \$359

Revitalize

Customize your R Spa package with three or more 50 minute services and a spa cuisine will be included.