



## BAY CLUB PORTLAND SUMMER CAMP 2020

### Dear Members and Friends,

We are pleased to continue to offer you another summer full of a variety of programs, lessons, and events for children of all ages to enjoy. As always, we look forward to enjoying a wonderful summer with you, your family, and your friends.

-Bay Club Summer Camp Staff

For any question regarding camp programs, please contact Family Programming Director Tracina Schillinger ([Tracina.Schillinger@bayclubs.com](mailto:Tracina.Schillinger@bayclubs.com) or 503.968.4550)

*\*All Bay Club Camp Counselors are first aid, AED, and CPR certified. They have also undergone background checks. Our main focus is ensuring that Bay Club campers are having fun, being safe at all times, and creating memorable summer camp experiences!*

### CAMPS

#### **Kids Camp | Ages 4-12 | 8:00 am-5:00 pm | Monday-Friday | weekly June 8-September 4**

Each week of Kids Camp, your child will explore new passions while having fun with a variety of sports and games. Our campers will rotate through different activities throughout the day; from team building exercises like conquering an obstacle course and playing dodge ball to learning new skills including swimming, rock climbing, crafts and more. Snacks and a hot lunch are also provided to keep campers fueled for fun!

*New for Summer 2020, Bay Club Portland will also be hosting Adventure Days once a week for campers: Mad Science, Carnival Day, Game Trucks, Animal Trainers, Obstacle Courses, Bubble Boys, and more.*

#### **Typical Day at Kids Camp**

8:00-9:00 am	Free Play and Games on Court
9:00-9:45 am	Introductions to counselors and campers and morning snack
10:00-11:30 am	Free swim in the outdoor pool including slide and wading pool area
12:00-1:00 pm	Hot lunch served
1:00-2:00 pm	Organized court games
2:00-3:30 pm	Campers rotate between rock climbing, sport games, and crafts
3:30-4:00 pm	Afternoon Snack
4:00-4:30 pm	Dodgeball!
4:30-5:00 pm	Free play on courts

*Face Painters and Superhero Draws will all add even more excitement to our regular camp days!*

**Counselor In Training (CIT) | Ages 13-15 | 8:30 am-4:30 pm | Monday-Friday  
weekly June 8-September 4**

Sadly, all campers must grow up, but taking the Counselor in Training (CIT) program can be a great way to transition from camper to counselor. Plus, CITs will learn job related skills for the future, demonstrate leadership ability, act as a mentor, share responsibility, and strengthen communication skills. CIT's lead by example, they engage, participate, and assure all campers are having a great experience. CITs will spend time with campers, ages 4-12, supporting games and activities organized by camp staff. Responsibilities may include, but are not limited to, active participation in sports, arts & crafts, team building, group games, food service, and supporting the day-to-day operations of the Camps.

**Our CIT 2020 experience will include:**

- Invaluable leadership experience
- Daily healthy snack & lunch
- C.I.T. T-shirt

**Anti-Gravity Climbing Camp | Ages 4-12 | Half Day 9:00 am-12:00 pm | Monday-Friday  
weekly June 15-August 28**

Here we encourage campers to reach new heights through climbing-related activities, including obstacle courses and rope swings. Each day begins with a high-energy warm-up game, followed by a review of the rules and a quick stretching session. Campers are then allowed an hour of rock climbing. After a quick snack break, campers can choose to continue rock climbing or participate in an organized game. Instructors will keep campers busy and active in this engaging and educational camp.

*Bay Club does not provide snack for this camp, so please include a treat for your child. Please remember not to bring snacks that have peanuts in the ingredients.*

**GOOD TO KNOW**

Remember, the less you pack, the easier it is for us to keep track of everything! Please label everything in your bag. Bay Club Portland is not responsible for any lost or stolen items.

**Your child will need to bring the following, in a labeled carry bag or backpack:**

- Bathing suit
- Swim Accessories: goggles, swimmies, etc
- Extra snack if needed (we provide an am and pm snack as well as lunch)
- White-soled, closed toes shoes and socks must be worn every day (we encourage Velcro or slip-on shoes for children who cannot tie their own)
- Extra clothes and/ or shoes if you feel necessary

**Camper Code of Conduct**

Our main goal is to provide each Camper with a safe and secure environment. We want to create a warm, comfortable, and fun atmosphere that will have your child looking forward to coming to Camp each day. Please take a few minutes to review the following Camper guidelines with your child.

While attending Camp at the Bay Club I will...

1. Listen and follow the instructions of counselors and staff.
2. Always stay with my group.
3. Keep my hands and legs to myself.
4. Not act aggressively towards my fellow campers or counselors.
5. Be kind and considerate to my fellow campers.

6. Not tease, taunt, name call, or bully my fellow campers.
7. Tell a Counselor if I see or hear any bullying by another camper.
8. Use the trash receptacles and clean up my messes.
9. Be polite and use proper manners especially "please and thank you".
10. Be aware while others are talking and will not interrupt.
11. Not bring iPods, cell phones or any electronics to camp.
12. Be a good sport and have a lot of fun!