



SAN FRANCISCO  
OCTOBER 2022

# CLUB LIFE



## CLUB HIGHLIGHTS

### FLEET WEEK

Saturday, October 8-Sunday, October 9  
2:00 pm-4:00 pm

Come watch the aerial show and play some family games on the rooftop.

### MONTHLY MEMBER SOCIAL

Thursday, October 20 | 5:30 pm  
Enjoy complimentary drinks and light bites from Curry Hurry while socializing with other members.

### ZUMBA HALLOWEEN CONTEST

Saturday, October 29 | 9:00 am-9:50 am  
Put your spookiest costume on and get ready to dance for a chance to win a spooktacular prize.

## CELEBRATE THE FUN OF FALL

With the weather cooling down, the Club brings more thrills and excitement this fall. Whether you're looking to join a new basketball league, play some squash, or check out a spook-tacular Halloween event, enjoy endless fun at the Club with the whole family.



### WE'RE EXPANDING OUR CREW

Know a high school student who'd like to earn some money for the holidays? We'd love to have them on the team!



Scan the  
QR Code to  
learn more.



### FLEET WEEK

Saturday, October 8-Sunday, October 9 | 2:00 pm-4:00 pm

Stop by the Club to watch the aerial show. Plus, challenge your friends and family to some games on the rooftop.



### BEKSAN DESIGNS TRUNK SHOW

Wednesday, October 12 | 5:00 pm-8:00 pm

Join us for a trunk show featuring the latest jewelry from Beksan Designs.



### PAINT AND PINOT

Friday, October 14 | 5:00 pm-7:00 pm

Relax with a glass of wine while creating your masterpiece. Paint, supplies, and wine will be provided. Guest are welcome. Sign up on Bay Club Connect.



### TRICK-OR-TREAT AT THE SHOP

Friday, October 29-Monday, October 31

Get a spooky surprise from The Shop when you drop into any group exercise class all weekend long.

### LOCKER RENTALS

Do you need a place to store your gear while you're at the Club? Private lockers are available at Bay Club San Francisco. For more information, contact [Nate.Briones@bayclubs.com](mailto:Nate.Briones@bayclubs.com).





### SQUASH GOLD TOURNAMENT

Saturday, October 1 | 8:00 am-8:00 pm  
Sunday, October 2 | 8:00 am-3:00 pm

Come watch the top US players under 19, including players from the California Bay Club community. Courts not available for booking during tournament play.



### PICKLEBALL LEAGUES

Starts Sunday, October 16

Pickleball league play is now available at BCG and BCSSF. For more information and to register, email [Courtney.Patterson@bayclubs.com](mailto:Courtney.Patterson@bayclubs.com).



### ZUMBA HALLOWEEN CONTEST

Saturday, October 29

Get ready to dance in your spookiest costume. The best costume wins a spooktacular surprise.



### WELCOME BACK, FRAN SANQUINETTI!

Mondays and Fridays | 11:00 am, 12:00 pm  
Tuesdays and Thursdays | 6:15 pm

Get (10) 50-minute Coach Level Personal Training sessions with Fran for only \$1,350.

### THE FRIGHTFUL DELIGHTS OF A SHARED MEMBERSHIP

Autumn is officially here, so take advantage of all our amenities with your favorite people. Share the magic this season and add up to five people to your roster today.



## CALENDAR OF EVENTS



### CLUB HOURS OF OPERATIONS

**Monday through Thursday:** 5:00 am-10:00 pm

**Friday:** 5:00 am-9:00 pm

**Saturday and Sunday:** 7:00 am-7:00 pm

OCTOBER						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1 Squash Gold Tournament 8:00 am-8:00 pm
2 Squash Gold Tournament 8:00 am-3:00 pm	3 Forever Fit with Manny Gonzalez 9:30 am Stretch and Align with Fran Sanguinetti 10:30 am	4 IGNITE with Fran Sanguinetti 6:15 am and 7:15 am	5 Outdoor Bootcamp with Fran Sanguinetti 4:00 pm	6 IGNITE with Fran Sanguinetti 6:05 am and 7:05 am	7 Free Guest Friday All Day Round Robin Social 5:15 pm - 8:00 pm	8 Fleet Week 2:00 pm-4:00 pm
9 Fleet Week 2:00 pm-4:00 pm	10 Forever Fit with Manny Gonzalez 9:30 am Stretch and Align with Fran Sanguinetti 10:30 am	11 IGNITE with Fran Sanguinetti 6:15 am and 7:15 am	12 Outdoor Bootcamp with Fran Sanguinetti 4:00 pm Beksan Designs Trunk Show 5:00 pm-8:00 pm	13 IGNITE with Fran Sanguinetti 6:05 am and 7:05 am	14 Paint and Pinot 5:00 pm-7:00 pm Squash Round Robin 5:15 pm - 8:00 pm	15
16 Pickleball Leagues Begin at BCG and BCSSF	17 Forever Fit with Manny Gonzalez 9:30 am Stretch and Align with Fran Sanguinetti 10:30 am	18 IGNITE with Fran Sanguinetti 6:15 am and 7:15 am	19 Outdoor Bootcamp with Fran Sanguinetti 4:00 pm	20 IGNITE with Fran Sanguinetti 6:05 am and 7:05 am Member Social 5:30 pm	21 Squash Round Robin 5:15 pm - 8:00 pm	22
23	24 Forever Fit with Manny Gonzalez 9:30 am Stretch and Align with Fran Sanguinetti 10:30 am	25 IGNITE with Fran Sanguinetti 6:15 am and 7:15 am	26 Outdoor Bootcamp with Fran Sanguinetti 4:00 pm	27 IGNITE with Fran Sanguinetti 6:05 am and 7:05 am	28 Squash Round Robin 5:15 pm - 8:00 pm	29 Trick or Treat at the Shop All Weekend Zumba Halloween Contest 9:00 am-9:50 am
30 Trick or Treat at the Shop	31 Trick or Treat at the Shop Monster Mash Zumba Bash and Halloween Costume Contest 6:00 pm	1	2	3	4	5

### MEMBER TIP OF THE MONTH: UPDATING YOUR SHARED MEMBERSHIP

Did you know you can easily add members to your Shared Membership through Bay Club Connect?



Scan the code and check out our video to learn how to add members in a few easy steps.

**If you need further assistance, contact us on Bay Club Connect.**

- Open your Connect App.
- Select **MORE** in the bottom right corner.
- Select **CONTACT US**.

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.