



CLUB LIFE



CLUB HIGHLIGHTS

CULINARY NIGHT

Thursdays, October 13 and
October 20 | 5:00 pm-6:30 pm

Take a culinary journey with Chef Travis Darling.
To sign up, email Chris_Precilla@bayclubs.com.

SPOOKTACULAR

Thursday, October 27 | 5:30 pm-7:00 pm

Enjoy a magic show and trick-or-treating at the Club
while your children dress up in their costumes.

RSVP on Bay Club Connect.

PUMPKIN SPICE & EVERYTHING NICE

R Spa is bringing back two of its most popular
seasonal treatments—Pumpkin Spice Hydrating Massage
and Organic Brightening Yam and Pumpkin Peel.

CELEBRATE THE FUN OF FALL

With the weather cooling down, the Club brings more thrills and excitement this fall. Whether you're looking to join a new basketball league, play some squash, or check out a spook-tacular Halloween event, enjoy endless fun at the Club with the whole family.



WE'RE EXPANDING OUR CREW

Know a high school student who'd like to earn some money for the holidays? We'd love to have them on the team!



Scan the
QR Code to
learn more.



KIDEX

**Mondays, October 3, October 10,
and October 17 | 3:30 pm-4:15 pm**

Join instructor Tiffany Hoover in a new group fitness class for kids. For kids ages 5-12 years old. Base price: \$20 per day, \$60 per month.



ZUMBINI

**Tuesdays, October 4, October 11,
and October 18 | 9:30 am-10:00 am**

Zumbini combines music and dance to develop cognitive, social, and emotional skills. For ages six months-3 years old. Base price: \$20 per day, \$60 per month.



SATURDAY FUN NIGHT

Saturday, October 8 | 5:00 pm-8:00 pm

Get ready for an evening at the Club while your children enjoy dance games, a movie, and a pizza dinner. Register on Bay Club Connect.



HALLOWEEN SPECIAL EVENT

Friday, October 21 | 5:00 pm-8:00 pm

Spend an evening at the Club while your kids trick-or-treat, play games, and watch a Halloween movie. For ages 3-12 years old. Sign up on Bay Club Connect.

ELEVATE

Now until Saturday, October 29

ELEVATE is back! With 32 workouts, our 8-week ELEVATE program provides expert coaching and community support so you can reach your full fitness potential. For more information or to sign up, contact Jonathan.Mahar@bayclubs.com or Joey.Levine@bayclubs.com.



MASTER SWIM

Now until Thursday, November 10

Master Swim helps you improve your stroke over an 8-week period. Cost: \$25 per workout. For more information and to sign up, email Joey.Levine@bayclubs.com.



NEW CLASS! THERAPEUTIC YOGA & SOUND HEALING

Tuesdays at 6:30 pm

Experience true relaxation with sound healing combined with therapeutic yoga. Register on Bay Club Connect.



GOLF LESSONS

By Appointment

Our golf instructor, Bill Ebersole, can help you increase the power of your stroke. For more information, email Bill.Ebersole@bayclubs.com or Joey.Levine@bayclubs.com.



BOXING

By Appointment

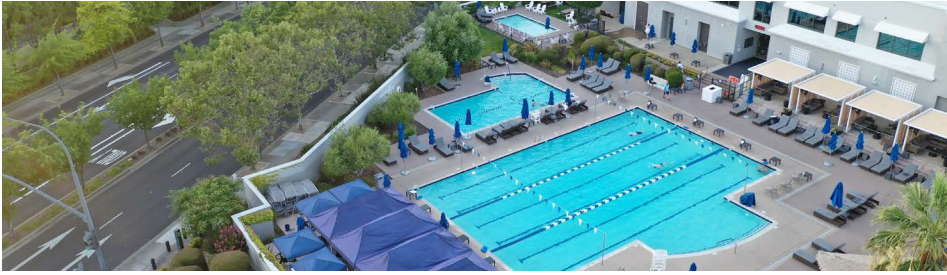
Join our professional coach, Jamie Bushman, for one-on-one boxing sessions. To sign up, email Jamie.Bushman@bayclubs.com or Joey.Levine@bayclubs.com.

TRX CLASSES

Looking for a strength workout without holding heavy weights? With TRX, you take the weight off your joints and have a great workout. Sign up today on Bay Club Connect.



CALENDAR OF EVENTS



CLUB HOURS OF OPERATIONS

Monday through Friday: 5:30 am-9:30 pm

Saturday and Sunday: 6:00 am-8:00 pm

OCTOBER						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1 National Cookie Day 2:00 pm
2 Facial Special: BOGO Half Off at R Spa By Reservation	3 Kidex 3:30 pm-4:15 pm	4 National Vodka Day All Day Zumbini 9:30 am-10:00 am Therapeutic Yoga & Sound Healing 6:30 pm	5 Wing Wednesdays All Day	6	7 Autumn Sale at R Spa 9:00 am-6:00 pm Friday Night Jazz 5:00 pm-8:00 pm Pop-up Class: Therapeutic Yoga & Sound Healing 7:00 pm	8 Saturday Fun Night 5:00 pm-8:00 pm
9 Facial Special: BOGO Half Off at R Spa By Reservation	10 Kidex 3:30 pm-4:15 pm	11 Zumbini 9:30 am-10:00 am Therapeutic Yoga & Sound Healing 6:30 pm	12 Wing Wednesdays All Day	13 Beksan Trunk Show 9:00 am-1:00 pm Culinary Night with Chef Travis 5:00 pm-6:30 pm	14 Member Appreciation at R Spa 9:00 am-6:00 pm Friday Night Jazz 5:00 pm-8:00 pm	15 National Esthetician Day at R Spa 9:00 am-6:00 pm
16 National Boss Day at R Spa 9:00 am- 6:00 pm Facial Special: BOGO Half Off at R Spa By Reservation	17 Kidex 3:30 pm-4:15 pm Pop-up Class: Double Step 4:30 pm	18 Zumbini 9:30 am-10:00 am Therapeutic Yoga & Sound Healing 6:30 pm	19 Wing Wednesdays All Day	20 Culinary Night with Chef Travis 5:00 pm-6:30 pm	21 Fall in Love with Your Skin Event at R Spa By Reservation Friday Night Jazz 5:00 pm-8:00 pm Halloween Special Event 5:00 pm-8:00 pm	22
23 Facial Special: BOGO Half Off at R Spa By Reservation	24 BOO-tiful Spa & Glam Event at R Spa By Reservation	25 Therapeutic Yoga & Sound Healing 6:30 pm	26 Wing Wednesdays All Day	27 Spooktacular 5:30 pm-7:00 pm	28 National Chocolate Day at the Pool 2:00 pm-3:00 pm Friday Night Jazz 5:00 pm-8:00 pm	29
30 Facial Special: BOGO Half Off at R Spa By Reservation	31 Halloween-themed Classes All Day	1	2	3	4	5

MEMBER TIP OF THE MONTH: UPDATING YOUR SHARED MEMBERSHIP

Did you know you can easily add members to your Shared Membership through Bay Club Connect?



Scan the code and check out our video to learn how to add members in a few easy steps.

If you need further assistance, contact us on Bay Club Connect.

- Open your Connect App.
- Select MORE in the bottom right corner.
- Select CONTACT US.

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.