



CLUB LIFE

JANUARY 2023 • SAN DIEGO CAMPUS



KEEP THE EXCITEMENT OF THE NEW YEAR GOING!

The Club is the best place to be inspired to set goals and resolutions for the new year. With new classes, themed events, member socials, and much more happening this month, you'll never lose motivation.

CLUB HIGHLIGHTS

HOPE WINERY WINE DINNER AT FAIRBANKS RANCH

Join us Saturday, January 21 at 5:00 pm, for a decadent four-course dinner paired with the finest wines from Hope Winery. RSVP to Michelle.larson@bayclubs.com.

SNOW SLOPE SKI CONDITIONING CLASS

Join Alberto on the Lawn for a fun, winter-themed conditioning class. Starting Monday, January 16.

PICKLEBALL INJURY PREVENTION CLASS SERIES

Join Master Trainer, Tamer Hussein on the bocci courts and learn to strengthen your muscles for pickleball.



NEW YEAR, NEW CREW

We're looking to expand and hire new crew members this new year! Scan the QR code to learn more.



SKI CONDITIONING CLASS

**STARTING, MONDAY,
JANUARY 16 | 5:00 PM-6:00 PM**

Strengthen your ski muscles in this dynamic sport-specific class incorporating BOSU and other strength.

Email Alberto.Giacomelli@bayclubs.com for more info.

HOSPITALITY/FAMILY

FAMILY FUN NIGHT AT FAIRBANKS RANCH

Saturday, January 14 | 5:00 pm-8:00 pm

Spend your Friday night with us and enjoy a Pizza & Pasta Buffet, games, a movie and more! Adults: \$25 | Kids: \$14. RSVP to Michelle.Larson@bayclubs.com.

SCIENCE NIGHT

Friday, January 27 | 4:00 pm-7:00 pm

Stop by with the kiddos and let them get their hands dirty and experiment with science! For ages 3-12. \$30 per child on a family membership.

NANTUCKET SHUCK-IT AT FAIRBANKS RANCH

Saturday, January 28 | 5:00 pm-8:00 pm

Indulge in a seafood spread with oysters, shrimp, lobster tails and more. Plus, a kids menu. Adults: \$75++ | Kids: \$25 ++ RSVP to Michelle.Larson@bayclubs.com.

HOMEWORK CLUB

**Tuesdays & Thursdays | 3:30 pm-4:30 pm |
Grades K-4**

Homework can be a challenge. Bring your kids by the Club where they can work through homework with peers. Email Keegan.Leopold@bayclubs.com for more info.





PICKLEBALL INJURY PREVENTION

In this class series, learn from Tamer on how to strengthen specific muscle groups and warm-up and stretching techniques to avoid injury. To sign up, email Tamer.Hussien@bayclubs.com.

FITNESS/SPORTS

HAPPY NEW YEAR ADULT TENNIS MIXER

Saturday, January 7 | 1:30 pm-4:30 pm

Join us at Carmel Valley for our New Year's Adult Tennis Mixer. \$25 per person. RSVP to Debbie.Ouye@bayclubs.com.

CANDLELIGHT ASHTANGA YOGA WITH SOUND BATH SAVASANA

Sunday, January 18 | 6:00 pm-7:15 pm

Join Sandra for an invigorating yoga class. The class is designed for experienced yogis familiar with Vinyasa Flow or Ashtanga Prep. Sign up on Bay Club Connect.

SPANISH 101 CLASS SERIES WITH KEEGAN LEOPOLD

Every Thursday Starting January 19

Join us every Thursday at 5:30 pm, for an Intro to Spanish Class in the Meditation Room and enjoy a glass of wine. \$150 per person. Sign up on Bay Club Connect.

SENIOR DAY PICKLEBALL CLINICS AT FAIRBANKS RANCH

Every Thursday | 10:30 am-12:30 pm

Join Ralph Acosta in an 8-week Pickleball Clinic/League every Thursday. Register on TopDog.





CALENDAR OF EVENTS



CLUB HOURS OF OPERATIONS

Bay Club Carmel Valley

Monday through Thursday: 5:30 am-9:00 pm

Friday: 5:30 am-8:00 pm

Saturday and Sunday: 7:00 am-7:00 pm

Fairbanks Ranch Country Club

Monday: Closed

Tuesday through Sunday: 7:00 am-9:00 pm

JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Resolution Ride 9:00 am Sound Bath Intention Yoga Class 10:30 am-11:45 am Pickleball Injury Prevention Class 12:00 pm-1:00 pm	2 Book Club 5:00 pm-6:00 pm	3 Jr Pickleball Clinic 3:30 pm-4:30 pm Taco Tuesday at FRCC 5:00 pm-7:30 pm Motown Dance Class 6:00 pm-7:00 pm	4 The Burger Joint All Day The Burger Joint at FRCC 5:00 pm-7:30 pm	5 Taco Thursday All Day Jr Pickleball Clinic 3:30 pm-4:30 pm Pizza Night at FRCC 5:00 pm-7:30 pm	6 Chop House Dinner at FRCC 5:00 pm-8:00 pm Tennis Date Night League 6:00 pm	7 Fit to Fight Boxing Club 12:00 pm-1:00 pm New Year Adult Tennis Mixer BCCV 1:30 pm-4:00 pm Chop House Dinner at FRCC 5:00 pm-8:00 pm
8 Sunday Brunch at FRCC 10:00 am-1:00 pm Self-Defense Class 11:30 am-12:30 pm Texas Roadhouse BBQ at FRCC 5:00 pm-8:00 pm	9 Kids Winter Camp Begins	10 Jr Pickleball Clinic 3:30 pm-4:30 pm Taco Tuesday at FRCC 5:00 pm-7:30 pm Motown Dance Class 6:00 pm-7:00 pm	11 The Burger Joint All Day The Burger Joint at FRCC 5:00 pm-7:30 pm Candlelight Yoga with Sound Bath 6:00 pm-7:15 pm	12 Jr Pickleball Clinic 3:30 pm-4:30 pm Pizza Night at FRCC 5:00 pm-7:30 pm Spanish 101-4 Class Series 5:30 pm-7:30 pm	13 Bounce Away Kids Event 4:00 pm-7:00 pm Chop House Dinner at FRCC 5:00 pm-8:00 pm Tennis Date Night League 6:00 pm	14 Fit to Fight Boxing Club 12:00 pm-1:00 pm Chop House Dinner at FRCC 5:00 pm-8:00 pm Family Fun Night at FRCC 5:00 pm-8:00 pm
15 Self-Defense Class 11:30 am-12:30 pm Pickleball Injury Prevention Class 12:00 pm-1:00 pm Texas Roadhouse BBQ at FRCC 5:00 pm-8:00 pm	16 Snow Slope Ski Conditioning Class 5:00 pm-6:00 pm	17 Jr Pickleball Clinic 3:30 pm-4:30 pm Taco Tuesday at FRCC 5:00 pm-7:30 pm	18 The Burger Joint All Day The Burger Joint at FRCC 5:00 pm-7:30 pm Candlelight Yoga with Sound Bath 6:00 pm-7:15 pm	19 Taco Thursday All Day Jr Pickleball Clinic 3:30 pm-4:30 pm Pizza Night at FRCC 5:00 pm-7:30 pm	20 Chop House Dinner at FRCC 5:00 pm-8:00 pm Tennis Date Night League 6:00 pm	21 Fit to Fight Boxing Club 12:00 pm-1:00 pm Hope Winery Wine Dinner at FRCC 5:00 pm-8:00 pm
22 Sunday Brunch at FRCC 10:00 am-1:00 pm Self-Defense Class 11:30 am-12:30 pm Texas Roadhouse BBQ at FRCC 5:00 pm-8:00 pm	23 Snow Slope Ski Conditioning Class 5:00 pm-6:00 pm	24 Jr Pickleball Clinic 3:30 pm-4:30 pm Taco Tuesday at FRCC 5:00 pm-7:30 pm Line Dancing Class 6:00 pm-7:00 pm	25 The Burger Joint All Day The Burger Joint at FRCC 5:00 pm-7:30 pm	26 Taco Thursday All Day Pizza Night at FRCC 5:00 pm-7:30 pm Spanish 101-4 Class Series 5:30 pm-6:30 pm	27 Science Night 4:00 pm-7:00 pm Tennis Date Night League 6:00 pm	28 Fit to Fight Boxing Club 12:00 pm-1:00 pm Nantucket Shucket Dinner at FRCC 5:00 pm-8:00 pm
29 Self-Defense Class 11:30 am-12:30 pm Pickleball Injury Prevention Class 12:00 pm-1:00 pm Texas Roadhouse BBQ at FRCC 5:00 pm-8:00 pm	30 Snow Slope Ski Conditioning Class 5:00 pm-6:00 pm Book Club 5:00 pm-6:00 pm	31 Jr Pickleball Clinic 3:30 pm-4:30 pm Taco Tuesday at FRCC 5:00 pm-7:30 pm	1	2	3	4

MEMBER TIP OF THE MONTH: UPDATING YOUR SHARED MEMBERSHIP

Did you know you can easily add members to your Shared Membership through Bay Club Connect?



Scan the code and check out our video to learn how to add members in a few easy steps.

If you need further assistance, contact us on Bay Club Connect.

- Open your Connect App.
- Select MORE in the bottom right corner.
- Select CONTACT US.