



CLUB LIFE

JANUARY 2023 • WALNUT CREEK



KEEP THE EXCITEMENT OF THE NEW YEAR GOING!

The Club is the best place to be inspired to set goals and resolutions for the new year. With new classes, themed events, member socials, and much more happening this month, you'll never lose motivation.

CLUB HIGHLIGHTS

CITRUS GRILL'S COCKTAIL PARTY

Saturday, January 21 | 9:00 pm-12:00 pm

Round up your friends and spend your Saturday night out at our Cocktail Party with a guest DJ.

WINTER BREAK CAMP

Bring the kids by for a day filled with sports, fun, lunch and more—from January 2 through the 18 at 9:00 am to 4:00 pm. Sign up on Bay Club Connect.

R SPA MEMBERSHIP OFFER

Enjoy at least one massage or facial each month with an R SPA Membership. Sign up this month to receive a complimentary massage upgrade.



NEW YEAR, NEW CREW

We're looking to expand and hire new crew members this new year! Scan the QR code to learn more.



SHARED MEMBERSHIP

Achieving new year goals just got easier with Shared Membership. Share your membership with up to five people and start working towards your goals together.

HOSPITALITY/FAMILY

SNOWMAN DATE NIGHT

Friday, January 13 | 5:00 pm-8:00 pm

Join us at the Grill for date night while the kids let loose at Kids World. \$25 per person. Sign up on Bay Club Connect.

MEMBER APPRECIATION WEEK

January 16-January 20

To show our appreciation to our members, enjoy 20% savings on a spa treatment at R SPA. For more details, call R SPA at 925.942.6379.

R SPA WINTER CLEARANCE EVENT

January 27-January 28 | 9:00 am-8:00 pm

Stop by the R SPA and shop our winter sale with up to 40% off on select apparel, skin care, candles, gift sets.

HOT COCOA DATE NIGHT

Saturday, January 28 | 5:00 pm-8:00 pm

Join us at the Grill for date night while the kids let loose at Kids World. \$25 per person. Sign up on Bay Club Connect.





FITNESS/SPORTS

NEW CLASS: NAZ' GLUTE EVOLUTION

A new class that will have you feeling your best and seeing results! To sign up, email Golnaz.Pouryayevaly@bayclubs.com or Joey.Levine@bayclubs.com.

PILATES REFORMER

Learn to develop lean muscle, endurance, and flexibility. As well as reduce chronic pain and create balance and stability. Sign up on Bay Club Connect.

CULINARY NIGHT WITH CHEF TRAVIS: RISOTTO

Thursday, January 12 | 5:00 pm-7:00 pm

Join Chef Travis Darling where you'll learn the proper technique on how to make risotto. \$55++ per person. Email Chris.Precilla@bayclubs.com to sign up.

CULINARY NIGHT WITH CHEF TRAVIS: CANAPÉ

Thursday, January 26 | 5:00 pm-7:00 pm

Join Chef Travis Darling where you'll learn the proper technique on how to make risotto. \$55++ per person. Email Chris.Precilla@bayclubs.com to sign up.

TRY SOMETHING NEW

If trying something new is on your list of resolutions this year, check that off by exploring our latest class offerings on Bay Club Connect.





CALENDAR OF EVENTS



CLUB HOURS OF OPERATIONS

Monday through Friday: 5:30 am-9:30 pm
Saturday and Sunday: 6:00 am-8:00 pm

JANUARY						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 New Year Club Hours 7:00 am-5:00 pm	2 Winter Break Camp Pilates Reformer 5:30 pm	3	4 Pilates Reformer 1:00 pm & 5:30 pm	5	6 Pilates Reformer 7:30 am Friday Night Jazz 5:00 pm-8:00 pm	7
8 Pilates Reformer 10:15 am	9 Pilates Reformer 5:30 pm	10	11 Pilates Reformer 1:00 pm & 5:30 pm	12 Culinary Night: Risotto 5:00 pm-7:00 pm	13 Pilates Reformer 7:30 am Snowman Date Night 5:00 pm-8:00 pm Friday Night Jazz 5:00 pm-8:00 pm	14
15 Pilates Reformer 10:15 am	16 Member Appreciation Week at R SPA Pilates Reformer 5:30 pm	17 Member Appreciation Week at R SPA	18 Member Appreciation Week at R SPA Schools Out Camp 9:00 am-4:00 pm Pilates Reformer 1:00 pm & 5:30 pm	19 Member Appreciation Week at R SPA	20 Member Appreciation Week at R SPA Pilates Reformer 7:30 am Friday Night Jazz 5:00 pm-8:00 pm	21 Citrus Grill's Cocktail Party 9:00 pm-12:00 am
22 Pilates Reformer 10:15 am	23 Pilates Reformer 5:30 pm	24	25 Pilates Reformer 1:00 pm & 5:30 pm	26 Culinary Night: Canapé 5:00 pm-7:00 pm	27 Pilates Reformer 7:30 am R SPA Winter Clearance Event 9:00 am-8:00 pm Friday Night Jazz 5:00 pm-8:00 pm	28 R SPA Winter Clearance Event 9:00 am-8:00 pm Hot Cocoa Date Night 5:00 pm-8:00 pm
29 Pilates Reformer 10:15 am	30 Pilates Reformer 5:30 pm	31	1	2	3	4

MEMBER TIP OF THE MONTH: **UPDATING YOUR SHARED MEMBERSHIP**

Did you know you can easily add members to your Shared Membership through Bay Club Connect?



Scan the code and check out our video to learn how to add members in a few easy steps.

If you need further assistance, contact us on Bay Club Connect.

- Open your Connect App.
- Select MORE in the bottom right corner.
- Select CONTACT US.