



CLUB LIFE

MARCH 2023 • FREMONT



SPRING INTO WELLNESS

As we welcome the spring equinox this month, let's also welcome a renewed commitment to health. Spring into wellness with us and celebrate family, festivities, and fitness!

CLUB HIGHLIGHTS

EDGE F5 LUNCH WORKOUTS

Monday-Thursday | 12:00 pm or 12:30 pm
Get your burn on and earn your calories with this high intensity, super-efficient 20-minute workout. Sign up in Bay Club Connect under Fitness.

ULTIMATE DANCE PARTY 4

Saturday, March 4 | 2:00 pm-3:40 pm
Enjoy this special Master Class featuring our top instructors and multiple music genres! Register at the Front Desk or in Bay Club Connect.

VOLLEYBALL OPEN PLAY TIME

We've added Volleyball Drop-in Play time to our Sunday afternoon Gym schedule!



JOIN OUR TEAM

Looking for a new and exciting career with a great company? We'd love for you to be a part of our Bay Club team!

Scan the QR Code to see our openings.



KIDS DESSERT NIGHT OUT

FRIDAY, MARCH 31 | 1:00 PM-4:00 PM

Make chocolate lava cake, homemade ice cream, and chocolate candy bark! Dinner is included.

Sign up in Connect.

HOSPITALITY/FAMILY

COLLEGE BASKETBALL LOBBY PARTY

Saturday, March 18 | 12:00 pm-4:00 pm

Enjoy Cafe food and drink specials on the first weekend of the College Basketball tournament!

KIDS STAR WARS PARTY

Sunday, March 12 | 1:00 pm-4:00 pm

Dress up as your favorite Star Wars character! We will have Star Wars themed crafts and games, and we'll also make light sabers, special slime, and more! Sign up in Connect.

KIDS CANDLEMAKING WORKSHOP

Friday, March 24 | 6:00 pm-9:00 pm

Let's explore the craft of candlemaking and make scented candles for your friends and family. Dinner is included. Sign up in Connect.

KIDS UNICORN PARTY

Sunday, March 26 | 1:00 pm-4:00 pm

Get dressed up in your favorite unicorn outfit! We will have unicorn themed crafts, activities, and unicorn slime. Sign up in Connect.





SPORTS/FITNESS

SQUASH ACADEMY

Daily | 4:30 pm-7:00 pm

What could be the most successful Junior's squash program on the West Coast is accepting new players for Spring and Summer programs. Sign up in Connect.

EDGE WOMEN'S STRENGTH & POWER

Tuesdays and Thursdays | 7:00 pm-8:00 pm

EDGE Women's Strength workout will help you learn how to build strength and confidence! Sign up on Connect under Fitness.

JUNIORS TEAM TENNIS

Weekday afternoon practice
Weekend matches

Spring USTA Junior Team Tennis kicks off in March! If interested email terry.chuang@bayclubs.com.

ULTIMATE DANCE PARTY 4

Saturday, March 4 | 2:00 pm-3:40 pm

Ultimate Dance Party 4 is a one hour and 40-minute dance fitness Master Class featuring multiple genres of music. Instruction from Olga, Javier, and Dave with the DKCAA Dance Team!

PICKLEBALL TOURNAMENT

MARCH 18-19

All levels welcome to sign-up. Register with a partner or as a solo "free agent," at fremontpbleague.com. Contact krag.rasmussen@bayclubs.com for more info.





CALENDAR OF EVENTS

MARCH						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
			Edge Lunch Workouts 12:00 pm, 12:30 pm Men's Basketball League 6:00 pm-9:00 pm	Edge Lunch Workouts 12:00 pm, 12:30 pm Edge Women's Strength & Power 7:00 pm-8:00 pm	Squash Academy 4:30 pm-7:00 pm Kids Woodburning Workshop 6:00 pm-9:00 pm	Ultimate Dance Party 4 2:00 pm-3:40 pm Squash Academy 4:30 pm-7:00 pm
5	6	7	8	9	10	11
Squash Academy 4:30 pm-7:00 pm	Edge Lunch Workouts 12:00 pm, 12:30 pm Tennis Drop-In Play 5:30 pm-8:30 pm	Edge Lunch Workouts 12:00 pm, 12:30 pm Pickleball Drop-In Play 5:30 pm-7:30 pm Edge Women's Strength & Power 7:00 pm-8:00 pm	Edge Lunch Workouts 12:00 pm, 12:30 pm Job Fair 4:30 pm-6:00 pm Squash Academy 4:30 pm-7:00 pm New Member Social 6:00 pm-7:00 pm	Edge Lunch Workouts 12:00 pm, 12:30 pm Edge Women's Strength & Power 7:00 pm-8:00 pm	Squash Academy 4:30 pm-7:00 pm Kids Homemade Soapmaking 6:00 pm-9:00 pm	Squash Academy 4:30 pm-7:00 pm
12	13	14	15	16	17	18
Daylight Savings Time Starts Kids Star Wars Drop-off Party 1:00 pm-4:00 pm	Edge Lunch Workouts 12:00 pm, 12:30 pm Tennis Drop-In Play 5:30 pm-8:30 pm	College Basketball Tournament Begins Pickleball Drop-In Play 5:30 pm-7:30 pm Edge Women's Strength & Power 7:00 pm-8:00 pm	Edge Lunch Workouts 12:00 pm, 12:30 pm Squash Academy 4:30 pm-7:00 pm Men's Basketball League 6:00 pm-9:00 pm	Edge Lunch Workouts 12:00 pm, 12:30 pm Edge Women's Strength & Power 7:00 pm-8:00 pm	St. Patrick's Day Kids STEM Night Out 6:00 pm-9:00 pm	Pickleball Tournament College Basketball Lobby Party 12:00 pm-4:00 pm
19	20	21	22	23	24	25
Pickleball Tournament Squash Academy 4:30 pm-7:00 pm	Edge Lunch Workouts 12:00 pm, 12:30 pm Tennis Drop-In Play 5:30 pm-8:30 pm	Edge Lunch Workouts 12:00 pm, 12:30 pm Pickleball Drop-In Play 5:30pm-7:30pm Edge Women's Strength & Power 7:00 pm-8:00 pm	First Day of Ramadan Edge Lunch Workouts 12:00 pm, 12:30 pm Men's Basketball League 6:00 pm-9:00 pm	Edge Lunch Workouts 12:00 pm, 12:30 pm Edge Women's Strength & Power 7:00 pm-8:00 pm	Squash Academy 4:30 pm-7:00 pm Kids Candlemaking 6:00 pm-9:00pm	Squash Academy 4:30 pm-7:00 pm
26	27	28	29	30	31	1
Kids Unicorn Drop-off Party 1:00 pm-4:00 pm Squash Academy 4:30 pm-7:00 pm	Edge Lunch Workouts 12:00 pm, 12:30 pm Tennis Drop-In Play 5:30 pm-8:30 pm	Edge Lunch Workouts 12:00 pm, 12:30 pm Pickleball Drop-In Play 5:30pm-7:30pm Edge Women's Strength & Power 7:00 pm-8:00 pm	Edge Lunch Workouts 12:00 pm, 12:30 pm Squash Academy 4:30 pm-7:00 pm Men's Basketball League 6:00 pm-9:00 pm	Edge Lunch Workouts 12:00 pm, 12:30 pm Edge Women's Strength & Power 7:00 pm-8:00 pm	Squash Academy 4:30 pm-7:00 pm Kids Dessert Night Out 6:00 pm-9:00 pm	



CLUB HOURS OF OPERATIONS

Monday through Friday:

6:00 am-10:00 pm

Saturday and Sunday:

7:00 am-7:00 pm

Did you know you have two ways to make your monthly membership payments?

- Using a Card on File: Securely store your payment information and manually submit payments.
- Auto-Pay: The Club will have your balance automatically paid from your bank account.

Need to change your payment information?

Login to Bay Club Connect under "Billing". It's easier than ever to stay on top of your billing and make your membership payments before the end of the month!