



# CLUB LIFE

MARCH 2023 • WALNUT CREEK



## SPRING INTO WELLNESS

As we welcome the spring equinox this month, let's also welcome a renewed commitment to health. Spring into wellness with us and celebrate family, festivities, and fitness!

### CLUB HIGHLIGHTS

#### ST. PATRICK'S DAY COCKTAIL PARTY

Friday, March 17 | 8:00 pm-11:30 pm

Join us for a St. Patty's themed cocktail party at Citrus Grill! There's a Guest DJ, and the bar is open until 11:00 pm. \$15 cover fee.

#### COLLEGE BASKETBALL TOURNAMENT

Tuesday, March 14-End of March

We have special food and drink promotions every time there is a live game. Please ask our server during the game day. We'll see you there!

#### R SPA 30 MINUTE MASSAGE UPGRADE

Join our monthly membership and get a free upgrade. Membership includes a massage or facial treatment. Email [priscilla.hillsmith@bayclubs.com](mailto:priscilla.hillsmith@bayclubs.com) to join!



#### JOIN OUR TEAM

Looking for a new and exciting career with a great company? We'd love for you to be a part of our Bay Club team!

Scan the QR Code to see our openings.



# KID'S BIRTHDAY PARTY

Let us help you plan a fantastic, family-friendly, stress-free birthday party! We'll help with organizing, decorations, games, and more! For more info, contact [caroline.suzuki@bayclubs.com](mailto:caroline.suzuki@bayclubs.com).

## HOSPITALITY/FAMILY

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### ZUMBINI

**Tuesdays, March 7-28 | 9:30 am-10:00 am**

This new music and dance program for babies and toddlers contributes to the natural development of cognitive, social and emotional skills. Parent participation is required. Sign up on Bay Club Connect.

### EMINENCE ORGANIC PEEL EVENT AT R SPA

**Thursday, March 9 | By Appointment**

Reduce signs of aging, dark spots, and calm inflammation. Cost: \$85 (\$20 may be applied towards purchase). Meet & Greet and free samples from 10:00 am-1:00 pm. For more info or to book peel, contact R SPA at 924-942-6379.

### ST. PATRICK'S DATE NIGHT

**Friday, March 10 | 5:00 pm-8:00 pm**

Enjoy an evening at the Club with food at Citrus, while your kids have a great time at Kid's World. Event includes a craft, movie, and pizza dinner. Sign up on Bay Club Connect.

### "DRIVE IN" MOVIE NIGHT

**Saturday, March 25 | 5:00 pm-8:00 pm**

Kids will create and decorate their own car! Movie and dinner included. Families are welcome to participate. Sign up on Bay Club Connect. To bring kids younger than 3, please contact [caroline.suzuki@bayclubs.com](mailto:caroline.suzuki@bayclubs.com).







## SPORTS/FITNESS

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### PERSONAL TRAINING

We're here to help with all of your fitness and nutritional goals with Personal Training at The Bay Club. Advance sign-up required. Contact [joey.levine@bayclubs.com](mailto:joey.levine@bayclubs.com) for more info.

### PILATES REFORMER

Join our instructors on our state-of-the-art reformers in a small group or private Reformer classes! We offer classes every day of the week. Sign up on Bay Club Connect.

### SWIM LESSONS

Discover the wonderful world of aquatics. Our coaches provide exceptional instruction with one-on-one and group lessons. Advance sign-up required. Enroll by emailing [joey.levine@bayclubs.com](mailto:joey.levine@bayclubs.com) or [cordelia.olson@bayclubs.com](mailto:cordelia.olson@bayclubs.com).

### ELEVATE

**February 27-April 22**

Join our next 8-week session and learn the best nutrition, exercise techniques, and modalities with our lead coach, Jonathan Mahar. Contact [jonathan.mahar@bayclubs.com](mailto:jonathan.mahar@bayclubs.com) for more info.

## SPLASH BABIES

**MARCH 5-APRIL 23  
SUNDAYS AT 11:00 AM**

Weekly 40-minute parent-and-tot swim class.  
Graduation and brunch after the final class.  
\$200 for 8 weeks. Sign up via email at  
[joey.levine@bayclubs.com](mailto:joey.levine@bayclubs.com), or  
[cordelia.olson@bayclubs.com](mailto:cordelia.olson@bayclubs.com).





# CALENDAR OF EVENTS

MARCH						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
			Happy Hour at Citrus Bar and Grill 2:00 pm-5:00 pm	Happy Hour at Citrus Bar and Grill 2:00 pm-5:00 pm		
5	6	7	8	9	10	11
Splash Babies 11:00 am	Massage & Mimosa Monday at R SPA By Appointment  Happy Hour at Citrus Bar and Grill 2:00 pm-5:00 pm	Zumbini 9:30 am-10:00 am  Happy Hour at Citrus Bar and Grill 2:00 pm-5:00 pm	Wing Wednesday at Café All Day  Happy Hour at Citrus Bar and Grill 2:00 pm-5:00 pm	Eminence at R SPA 10:00 am-1:00 pm  Happy Hour at Citrus Bar and Grill 2:00 pm-5:00 pm	St. Patrick's Date Night 5:00 pm-8:00 pm	
12	13	14	15	16	17	18
Splash Babies 11:00 am	Massage & Mimosa Monday at R SPA By Appointment  Happy Hour at Citrus Bar and Grill 2:00 pm-5:00 pm	Zumbini 9:30 am-10:00 am  Happy Hour at Citrus Bar and Grill 2:00 pm-5:00 pm	Wing Wednesday at Café All Day  March Spring Sale at R SPA 9:00 am-8:00 pm  Happy Hour at Citrus Bar and Grill 2:00 pm-5:00 pm	March Spring Sale at R SPA 9:00 am-8:00 pm  Happy Hour at Citrus Bar and Grill 2:00 pm-5:00 pm	St. Patrick's Day Wear Green  St. Patrick's Day Sale at R SPA 9:00 am-8:00 pm  St. Patrick's Day Cocktail Party 8:00 pm-11:30 pm	
19	20	21	22	23	24	25
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26	27	28	29	30	31	1
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## CLUB HOURS OF OPERATIONS

### Monday through Friday:

5:30 am-9:30 pm

### Saturday and Sunday:

6:00 am-8:00 pm

## Did you know you have two ways to make your monthly membership payments?

- Using a Card on File: Securely store your payment information and manually submit payments.
- Auto-Pay: The Club will have your balance automatically paid from your bank account.

## Need to change your payment information?

Log in to Bay Club Connect under "Billing". It's easier than ever to stay on top of your billing and make your membership payments before the end of the month!

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.