



# Club Life

April 2024 • Courtside

## Spring is in the Air

Get out and get moving.



### Club Highlights

#### Spring Break Camp

Our school break camps offer a range of engaging and entertaining activities for your kids. Enroll on Connect.

#### Adult Jiu-jitsu

Learn the fundamentals of jiu-jitsu, a martial art emphasizing leverage and ground fighting to conquer your opponent.

#### Prime Rib Night: Boulder Ridge

Enjoy a delicious meal of tender prime rib and homemade sides crafted by Chef Benny on April 19. RSVP to [Reservations.BRGC@bayclubs.com](mailto:Reservations.BRGC@bayclubs.com).



#### Shared Membership

Take advantage of our warm weather activities by adding your favorite people to your membership!

Scan to add your squad.

# Hospitality & Family

## Sanctuary Spa Special

Do you love Hydrofacials? This month you'll get a free Stem Cell add-on when you book a 50- or 80-minute Hydrofacial! Email [Katrina.Lemmon@bayclubs.com](mailto:Katrina.Lemmon@bayclubs.com) today!

## Party with a Princess

**Saturday, April 13 | 10:00 am-1:00 pm**

Gathering all Princesses! Come dressed in your princess best—it's time to party with a popular princess. Kids will also enjoy arts & crafts and lunch. Enroll on Connect.

## Kids' Night Out: Ice Cream & Movie

**Friday, April 19 | 5:30 pm-8:00 pm**

Drop off the kids for ice cream, fun craft with friends, and a movie night out! Enroll Connect.

## Frank Family Wine Dinner

**Friday, April 26 | 6:00 pm-9:00 pm**

Head to Boulder Ridge and join us for an evening of wine from Frank Family and delicious courses. RSVP to [Reservations.BRGC@bayclubs.com](mailto:Reservations.BRGC@bayclubs.com).

## Teen Jiu-jitsu

**Tuesdays & Thursdays**

Our teen martial arts program will help your kids improve their fitness and learn self-defense in a fun environment. Enroll on Connect.



# Sports & Fitness

## Tennis Mixer & Potluck

Friday, April 5 | 6:00 pm-8:15 pm

All Club West members are welcome to come out and play some fun, round-robin tennis in this free event! Potluck begins at 7:45 pm. Sign up at Court Reservations.

## Swim School

Mondays & Wednesdays | 10:30 am or 11:15 am

Ages 3-5 will focus on becoming comfortable in the water, blowing bubbles, and other swimming basics. No experience necessary. Sessions are 2 weeks long. Enroll on Connect.

## Stroke School

Tuesdays & Thursdays | 4:30 pm-5:10 pm

For swimmers who are starting to swim full laps and getting the endurance and technique needed for swim team. Evaluation is required. Email [Tony.Daly@bayclubs.com](mailto:Tony.Daly@bayclubs.com) to schedule.

## ReformX

Tuesdays & Fridays | 11:00 am

This class is a mix of Pilates and strength training. You'll work on squats, deadlifts, reformer Pilates, hip and shoulder mobility, and more. Enroll on Connect.



# Pickleball Mixers

## Fridays

There will be a beginner-friendly mixer from 5:00 pm-6:00 pm and an intermediate/advanced mixer from 6:00 pm-7:00 pm. Event is complimentary! Enroll on Connect.

# April 2024

## Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 Swim School 10:30 am, 11:15 am Women's Transformation 6:00 pm	2 ReformX 11:00 am Teen Jiu-jitsu 4:00 pm-7:00 pm Adult Jiu-jitsu 7:00 pm-8:00 pm	3 Swim School 10:30 am, 11:15 am Family Dinner Night 5:00 pm-7:00 pm Women's Transformation 6:00 pm	4 Teen Jiu-jitsu 4:00 pm-7:00 pm Stroke School 4:30 pm-5:10 pm Adult Jiu-jitsu 7:00 pm-8:00 pm	5 ReformX 11:00 am Kids' Night Out 5:30 pm-8:00 pm Tennis Mixer & Potluck 6:00 pm-8:15 pm	6 Swim School 10:00 am-12:00 pm Adult Swim Group Lesson 12:00 pm
7 Swim School 10:00 am-12:00 pm	8 Spring Break Camp 9:00 am-4:00 pm Swim School 10:30 am, 11:15 am Women's Transformation 6:00 pm	9 Spring Break Camp 9:00 am-4:00 pm Teen Jiu-jitsu 4:00 pm-7:00 pm Adult Jiu-jitsu 7:00 pm-8:00 pm	10 Spring Break Camp 9:00 am-4:00 pm Family Dinner Night 5:00 pm-7:00 pm Women's Transformation 6:00 pm	11 Spring Break Camp 9:00 am-4:00 pm Stroke School 4:30 pm-5:10 pm Adult Jiu-jitsu 7:00 pm-8:00 pm	12 Spring Break Camp 9:00 am-4:00 pm ReformX 11:00 am	13 Swim School 10:00 am-12:00 pm Party with a Princess 10:00 am-1:00 pm Adult Swim Group Lesson 12:00 pm
14 Swim School 10:00 am-12:00 pm	15 Swim School 10:30 am, 11:15 am Women's Transformation 6:00 pm	16 ReformX 11:00 am Teen Jiu-jitsu 4:00 pm-7:00 pm Adult Jiu-jitsu 7:00 pm-8:00 pm	17 Swim School 10:30 am, 11:15 am Family Dinner Night 5:00 pm-7:00 pm Women's Transformation 6:00 pm	18 Teen Jiu-jitsu 4:00 pm-7:00 pm Stroke School 4:30 pm-5:10 pm Adult Jiu-jitsu 7:00 pm-8:00 pm	19 ReformX 11:00 am Pickleball Mixer 5:00 pm-7:00 pm Kids' Movie Night Out 5:30 pm-8:00 pm	20 Swim School 10:00 am-12:00 pm Kids' Spring PJ & Crafts 10:00 am-1:00 pm Adult Swim Group Lesson 12:00 pm
21 Swim School 10:00 am-12:00 pm	22 Swim School 10:30 am, 11:15 am Women's Transformation 6:00 pm	23 ReformX 11:00 am Teen Jiu-jitsu 4:00 pm-7:00 pm Adult Jiu-jitsu 7:00 pm-8:00 pm	24 Swim School 10:30 am, 11:15 am Family Dinner Night 5:00 pm-7:00 pm Women's Transformation 6:00 pm	25 Teen Jiu-jitsu 4:00 pm-7:00 pm Stroke School 4:30 pm-5:10 pm Adult Jiu-jitsu 7:00 pm-8:00 pm	26 ReformX 11:00 am Pickleball Mixer 5:00 pm-7:00 pm	27 Swim School 10:00 am-12:00 pm Party with a Superhero 10:00 am-1:00 pm Adult Swim Group Lesson 12:00 pm
28 Swim School 10:00 am-12:00 pm	29 Swim School 10:30 am, 11:15 am	30 ReformX 11:00 am Teen Jiu-jitsu 4:00 pm-7:00 pm Adult Jiu-jitsu 7:00 pm-8:00 pm	1	2	3	4



### Club Hours

**Monday through Thursday:**

5:30 am-10:00 pm

**Saturday and Sunday:**

6:00 am-9:00 pm

### Contact Customer Service:

Log into the APP → More Tab → Contact us

Here, you can submit requests regarding membership changes, billing questions, and modifying your Shared Membership roster.

### Change Your Payment Method:

Log into the APP → More Tab → Billing → Payment methods  
→ Select your payment method

Payments can be set up with a debit card or checking account with zero transactional fees, or a credit card with a 2.5% surcharge.