

# Spring is in the Air

Get out and get moving.

### Club Highlights

#### Spring Break Camp

Our school break camps offer a range of engaging and entertaining activities for your kids. Enroll on Connect.

#### 333 Training Program

Train with Coach Claire for 3 months! 3 weekly workouts focusing on muscular strength, muscular endurance, & cardiovascular endurance.

#### Saturday Pickleball Clinics

We have fun, cardio-busting clinics available for both Juniors and Adults! Enroll on Connect and see you on the courts.



Shared Membership

Take advantage of our warm weather activities by adding your favorite people to your membership!

Scan to add your squad.

# Hospitality & Family

#### **Shared Membership**

Welcome spring with your favorite people and add up to five people to your membership!

#### Kids' Camp Open House

#### Saturday, April 13 | 10:00 am-12:00 pm

Interested in learning more about Kids Camp? What is the schedule of a camp day? What are the lunch options, etc.? No reservation needed. Just show up and we'll show you around!

#### Kids' Night Out: Earth Day Desserts

#### Friday, April 19 | 6:00 pm-9:00 pm

Drop off the kids for this fun event! We'll make Earth Day themed desserts, like worms and dirt cups and Earth Day parfait cups! Enroll on Connect.

#### Kids' Day Out: Marbled Flowerpots

#### Sunday, April 28 | 1:00 pm-4:00 pm

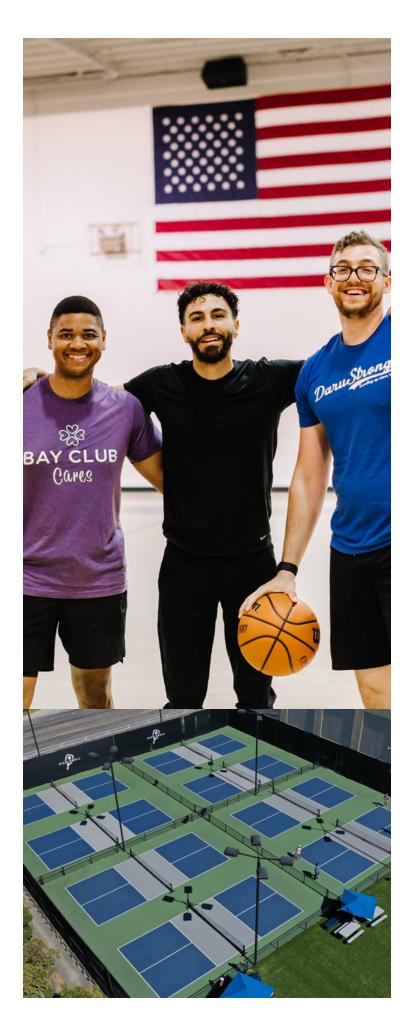
Our Kids' Day Out is the most fun place to be! Let's create some beautiful, marbled flowerpots to add to your garden! Enroll on Connect.

### Spring Break Camp

April 1-5 | 9:00 am-5:00 pm

Our school break camps offer a range of engaging and entertaining activities for your kids. Enroll on Connect. Questions? Email Angela.Kumar@bayclubs.com.





## Sports & Fitness

#### All in One Fitness Programming

Take the guesswork out of your nutrition and exercise with this individualized monthly programming! Email Dave.Martinsky@bayclubs.com to schedule your free consultation.

#### **Triathlon Training**

#### Begins Monday, April 8

Designed to improve your abilities in all three categories of a triathlon (run, bike, and swim). For all levels. Email Dave.Martinsky@bayclubs.com to register or for more info.

#### Squash Academy

#### Weekdays | 4:30 pm-7:00 pm

What could be the most successful Junior Squash program on the West Coast is accepting new players for spring and summer programs. Enroll on Connect.

#### **Junior & Adult Pickleball Clinics**

#### Saturdays | 12:00 pm-1:00 pm, 1:00 pm-2:00 pm

Join us to learn and play pickleball. You can even demo your first class for free! Spaces will be limited, so email Dave.Martinsky@bayclubs.com today to register.

### 333 Training Program

3 weekly workouts focusing on muscular strength, muscular endurance, & cardiovascular endurance. Email Dave.Martinsky@bayclubs.com to schedule your free session!

# April 2024

#### Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 April Fool's Day! Spring Break Camp 9:00 am-4:00 pm Tennis Drop-In Play 5:30 pm-8:30 pm	2 Spring Break Camp 9:00 am-4:00 pm Pickleball Drop-In Play 5:00 pm-7:00 pm	3 Spring Break Camp 9:00 am-4:00 pm	4 Spring Break Camp 9:00 am-4:00 pm	5 Spring Break Camp 9:00 am-4:00 pm	6 Pickleball Drop-In Play 9:00 am-11:00 am Barre Above Master Class 11:00 am Junior and Adult Pickleball Clinics 12:00 pm, 1:00 pm
7 Barre Above Certification 9:00 am-5:00 pm	8 Triathlon Training begins Tennis Drop-In Play 5:30 pm-8:30 pm	9 Pickleball Drop-In Play 5:00 pm-7:00 pm	10	n	12 Tile Art Night Out 6:00 pm-9:00 pm	13 Pickleball Drop-In Play 9:00 am-11:00 am Kids Camp Open House 10:00 am-12:00 pm Strong Nation Masters Class 1:00 pm
14 Strong Nation Certification 9:00 am-5:00 pm Kite Making Day 1:00 pm-4:00 pm	15 Tennis Drop-In Play 5:30 pm-8:30 pm	16 Pickleball Drop-In Play 5:00 pm-7:00 pm	17	18	19 Kids' Night Out: Earth Day Desserts 6:00 pm-9:00 pm	20 Pickleball Drop-In Play 9:00 am-11:00 am Junior and Adult Pickleball Clinics 12:00 pm, 1:00 pm
21 Windchime Making 6:00 pm-9:00 pm	22 Tennis Drop-In Play 5:30 pm-8:30 pm	23 Pickleball Drop-In Play 5:00 pm-7:00 pm	24	25	26 Glass Magnet Making 6:00 pm-9:00 pm	27 Pickleball Drop-In Play 9:00 am-11:00 am Junior and Adult Pickleball Clinics 12:00 pm, 1:00 pm
28 Yoga Workshop 11:00 am Kids' Day Out: Marbled Flowerpots 1:00 pm-4:00 pm	29 Tennis Drop-In Play 5:30 pm-8:30 pm	30 Pickleball Drop-In Play 5:00 pm-7:00 pm	1	2	3	4



#### **Club Hours**

Monday through Friday: 6:00 am-10:00 pm Saturday and Sunday: 7:00 am-7:00 pm

#### Contact Customer Service:

Log into the APP  $\rightarrow$  More Tab  $\rightarrow$  Contact us Here, you can submit requests regarding membership changes, billing questions, and modifying your Shared Membership roster.

#### Change Your Payment Method:

Log into the APP  $\rightarrow$  More Tab  $\rightarrow$  Billing  $\rightarrow$  Payment methods ightarrow Select your payment method Payments can be set up with a debit card or checking account with zero transactional fees, or a credit card with a 2.5% surcharge.

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.