



# Club Life

April 2024 • Portland

## Spring is in the Air

Get out and get moving.



### Club Highlights

#### New Spring Classes

We're excited to be expanding our Group Fitness schedule with some new classes! Head to Connect to enroll.

#### Third Thursday

Join us in the restaurant for a complimentary wine tasting from 6:00 pm-8:00 pm!

#### Trivia Night

Head on up to the restaurant on April 25 to test your knowledge. Bring a friend!



Shared  
Membership

Take advantage of our warm weather activities by adding your favorite people to your membership!

Scan to add your squad.

# Hospitality & Family

## Kids' Camp

Friday, April 12 | 9:00 am-4:00 pm

Our school break camps offer a range of engaging and entertaining activities for your kids. Enroll on Connect.

## Wild for Wibit

Friday, April 19 | 4:00 pm-6:00 pm

Check out the Wibit inflatable obstacle course in our indoor pool! Kids must pass the swim safety test to participate.

## Kids' Night in the Restaurant

Wednesdays | 4:00 pm-9:00 pm

Families, come on up to the restaurant! One child will eat free for each paying adult. See you there.

## Family Fun Friday

Fridays | 4:00 pm-9:00pm

Join us in the restaurant for a dinner buffet, a family-friendly movie, and popcorn! Kids eat free for each paying adult. The movie starts at 5:30 pm.

## Saturday Brunch

Saturdays | 10:00 am-2:00 pm

Come to the restaurant and enjoy a delicious meal with the family after your morning workout!



# Sports & Fitness

## Fit Talk

April 10 & 18

Join our next Fit Talk series! First, we'll discuss metabolism and its link to longevity. The next talk will focus on reducing inflammation through diet and lifestyle. Enroll on Connect.

## Spring Pickleball Tournament

Saturday, April 27 | 9:30 am-12:30 pm

Prove your skills at our double elimination pickleball tournament! Games to 11 win by 2. \$10 per person. Enroll on Connect.

## Spring Basketball League

Tuesdays | 7:30 pm & 8:30 pm

Our spring league starts April 20! \$125 per player, and you must be at least 18 years old to play. Enrollment ends April 10, so email [Ty.Cleland@bayclubs.com](mailto:Ty.Cleland@bayclubs.com) to register today!

## Boxing

Saturdays | 9:00 am-9:50am

This full body workout with Trainer Lawrence Martin includes bag work, boxing, and footwork to improve strength and much more! \$20 per person per class. Enroll on Connect.



## Kids' Climb Time

Sundays | 11:00 am & 12:00 pm

Drop off your children to experience the world of climbing! Our knowledgeable staff will "show them the ropes" while you get your workout in. Enroll on Connect.

# April 2024

## Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
	BCSA: Basketball 5:45 pm-6:45 pm, 5:45 pm-7:15 pm	Taco Tuesday 4:00 pm-9:00 pm  New Member Social 5:30 pm	Kids' Night in the Restaurant 4:00 pm-9:00 pm  BCSA: Basketball 5:45 pm-6:45 pm, 5:45 pm-7:15 pm	Pizza Pie Game Night 4:00 pm-9:00 pm	Family Fun Friday 4:00 pm-9:00 pm	Brunch 10:00 am-2:00 pm
7	8	9	10	11	12	13
Kids' Climb Time 11:00 am-1:00 pm  Belay Certification Class 3:00 pm-5:00 pm	BCSA: Basketball 5:45 pm-6:45 pm, 5:45 pm-7:15 pm	Taco Tuesday 4:00 pm-9:00 pm	Fit Talk: Metabolism 12:00 pm  Kids' Night in the Restaurant 4:00 pm-9:00 pm  BCSA: Basketball 5:45 pm-6:45 pm, 5:45 pm-7:15 pm	Pizza Pie Game Night 4:00 pm-9:00 pm	Kids' Camp 9:00 am-4:00 pm  Sip & Shop 10:00 am-1:00 pm  Family Fun Friday 4:00 pm-9:00 pm	Boxing 9:00 am-9:50 am  Brunch 10:00 am-2:00 pm
14	15	16	17	18	19	20
Kids' Climb Time 11:00 am-1:00 pm  Belay Certification Class 3:00 pm-5:00 pm	BCSA: Basketball 5:45 pm-6:45 pm, 5:45 pm-7:15 pm	Taco Tuesday 4:00 pm-9:00 pm  Spring Basketball League 7:00 pm-10:00 pm	Kids' Night in the Restaurant 4:00 pm-9:00 pm  BCSA: Basketball 5:45 pm-6:45 pm, 5:45 pm-7:15 pm	Pizza Pie Game Night 4:00 pm-9:00 pm  Fit Talk: Inflammation 6:00 pm  Third Thursday 6:00 pm-8:00 pm	Wild for Wubit 4:00 pm-6:00 pm  Family Fun Friday 4:00 pm-9:00 pm	Boxing 9:00 am-9:50 am  Brunch 10:00 am-2:00 pm
21	22	23	24	25	26	27
Kids' Climb Time 11:00 am-1:00 pm  Belay Certification Class 3:00 pm-5:00 pm	BCSA: Basketball 5:45 pm-6:45 pm, 5:45 pm-7:15 pm	Taco Tuesday 4:00 pm-9:00 pm  Spring Basketball League 7:00 pm-10:00 pm	Kids' Night in the Restaurant 4:00 pm-9:00 pm  BCSA: Basketball 5:45 pm-6:45 pm, 5:45 pm-7:15 pm	Pizza Pie Game Night 4:00 pm-9:00 pm  Trivia Night 6:30 pm	Family Fun Friday 4:00 pm-9:00 pm	Boxing 9:00 am-9:50 am  Spring Pickleball Tournament 9:30 am-12:30 pm  Brunch 10:00 am-2:00 pm
28	29	30	1	2	3	4
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### Club Hours

#### Monday through Friday:

5:00 am-10:00 pm

#### Saturday and Sunday:

7:00 am-9:00 pm

### Contact Customer Service:

Log into the APP → More Tab → Contact us

Here, you can submit requests regarding membership changes, billing questions, and modifying your Shared Membership roster.

### Change Your Payment Method:

Log into the APP → More Tab → Billing → Payment methods  
→ Select your payment method

Payments can be set up with a debit card or checking account with zero transactional fees, or a credit card with a 2.5% surcharge.