

# Spring is in the Air

Get out and get moving.

# Club Highlights

### **Focus on Fitness**

We have a variety of fun workout classes (like Pilates) that will help you crush your fitness goals! Sign up today on Connect.

#### Entertainment Center

This is the perfect place for kids ages 6+ to play indoor basketball and foosball, do arts & crafts, homework, and more!

### **Tennis Lessons**

We have certified, skilled, and experienced teaching professionals who are available for private and group lessons!



Shared Membership

Take advantage of our warm weather activities by adding your favorite people to your membership!

Scan to add your squad.

# Hospitality & Family

# **Shared Membership**

Take advantage of nicer weather by trying an outdoor sport with your friends. Add up to five people to your membership today!

# STEM Egg Drop

#### Saturday, April 6 | 1:30 pm-4:30 pm

Calling all kid ages 6-12, we have a fun egg-drop engineering project just for you! Let's see how high we can engineer a lift and drop our eggs without breaking them. Enroll on Connect.

# Spring Break Camp

#### April 8-12 | 9:00 am-4:00 pm

Our school break camps offer a range of engaging and entertaining activities for your kids. Enroll on Connect.

# Earth Day Celebration

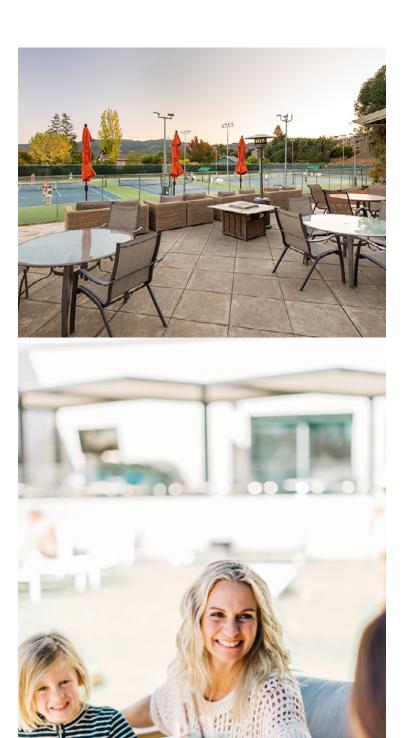
#### Sunday, April 21 | 1:30 pm-4:30 pm

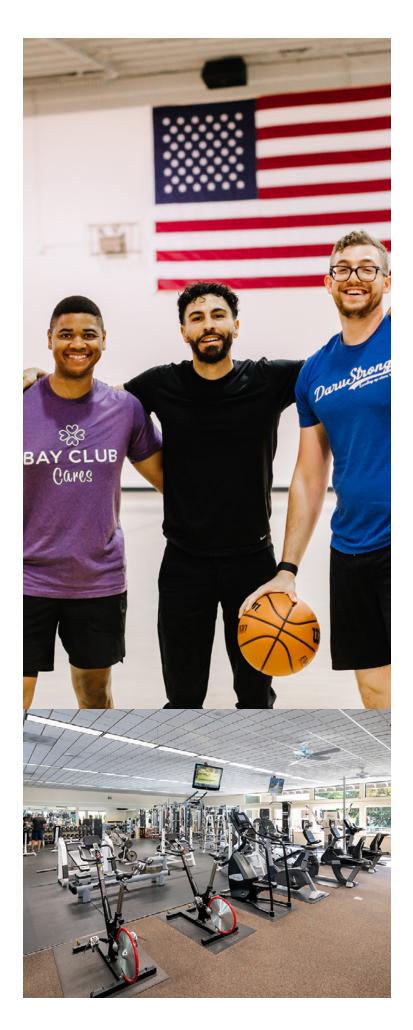
We'll have an adventuresome afternoon for ages 3-8 as we study nature and make our own little worlds! What kind of a world would you make? Enroll on Connect.

# ARC Lifeguard Training

APRIL 26, 27, & 28

Are you looking for a great job or a challenging career? Become an American Red Cross Lifeguard! This is an online and in-person learning course for ages 15+. Enroll on Connect.





# Sports & Fitness

### **Yoga Foundations**

#### Wednesday, April 10 | 6:30 pm-7:45 pm

Although this is not a yoga class, we'll dive into the building blocks of yoga by focusing on proper alignment, form, and breathing. Bring questions and enroll on Connect!

### Chakra Wellness Workshop

#### Saturday, April 13 | 1:30 pm-2:30 pm

Learn about the energetic body and how to harmonize your chakras. Enroll on Connect.

# **Kids' Sports Play Day**

#### Sunday, April 28 | 1:00 pm-4:00 pm

Grab your tennis shoes and water bottles and join us for a fun sports play day! Tennis, pickleball, and basketball await. For all levels. Enroll on Connect.

# Senior Strength Training

#### Tuesdays & Thursdays | 2:00 pm-3:00 pm

Seniors, take your strength to the next level with Lee! Increase your balance, stability, and stamina to feel like your best self. Enroll on Connect.

# Spring Swing Dancing

# APRIL 2, 9, 16, & 23

Grab your dancing shoes and come to the club to learn to how to swing dance. Beginners welcome and no partner needed! Enroll on Connect.

# April 2024

# Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2 Pickleball Clinics 9:00 am-10:30 am Senior Strength Training 2:00 pm-3:00 pm Spring Swing Dancing 7:00 pm-8:00 pm	3	4 Pickleball Live Ball Drill 'n' Play 12:00 pm-1:00 pm Senior Strength Training 2:00 pm-3:00 pm Pilates Reformer Open House 5:00 pm-5:30 pm	5 Pilates Reformer Open House 11:30 am-12:00 pm Tennis + Pickleball Social 5:30 pm Parents' Night Out 5:30 pm-8:30 pm	6 STEM Egg Drop 1:30 pm-4:30 pm
7	8 Spring Break Camp 9:00 am-4:00 pm	9 Pickleball Clinics 9:00 am-10:30 am Spring Break Camp 9:00 am-4:00 pm Spring Swing Dancing 7:00 pm-8:00 pm	10 Spring Break Camp 9:00 am-4:00 pm Yoga Foundations 6:30 om-7:45 pm	11 Spring Break Camp 9:00 am-4:00 pm Pickleball Live Ball Dril:00 pm-1:00 pm 2:00 pm-3:00 pm	12 Spring Break Camp 9:00 am-4:00 pm Pickleball Live Ball Drill 'n' Play 5:00 pm-6:00 pm	13 Chakra Wellness Workshop 1:30 pm-2:30 pm
14	15	16 Pickleball Clinics 9:00 am-10:30 am Senior Strength Training 2:00 pm-3:00 pm Spring Swing Dancing 7:00 pm-8:00 pm	17	18 Pickleball Live Ball Drill 'n' Play 12:00 pm-1:00 pm Senior Strength Training 2:00 pm-3:00 pm	19 Pickleball Live Ball Drill 'n' Play 5:00 pm-6:00 pm	20
21 Earth Day Celebration 1:30 pm-4:30 pm	22	23 Pickleball Clinics 9:00 am-10:30 am Senior Strength Training 2:00 pm-3:00 pm Spring Swing Dancing 7:00 pm-8:00 pm	24	25 Pickleball Live Ball Drill 'n' Play 12:00 pm-1:00 pm Senior Strength Training 2:00 pm-3:00 pm	26 Pickleball Live Ball Drill 'n' Play 5:00 pm-6:00 pm ARC Lifeguard Training 5:00 pm-7:00 pm	27 Krav Fit Self Defense 9:00 am-10:00 am ARC Lifeguard Training 10:00 am-4:00 pm
28 ARC Lifeguard Training 10:00 am-4:00 pm	29 Kids' Sports Play Day 1:00 pm-4:00 pm	30 Pickleball Clinics 9:00 am-10:30 am Senior Strength Training 2:00 pm-3:00 pm	1	2	3	4



### **Club Hours**

Monday through Friday: 5:00 am-9:00 pm Saturday and Sunday: 7:00 am-8:00 pm

#### Contact Customer Service:

Log into the APP  $\rightarrow$  More Tab  $\rightarrow$  Contact us Here, you can submit requests regarding membership changes, billing questions, and modifying your Shared Membership roster.

#### Change Your Payment Method:

Log into the APP  $\rightarrow$  More Tab  $\rightarrow$  Billing  $\rightarrow$  Payment methods  $\rightarrow$  Select your payment method Payments can be set up with a debit card or checking account with zero transactional fees, or a credit card with a 2.5% surcharge.

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.