



Club Life

April 2024 • San Francisco

Spring is in the Air

Get out and get moving.



Club Highlights

National Ping Pong Day

Join us on Saturday, April 6 on the basketball court to celebrate national ping pong day with a drop-in tournament!

Swim Team

Enrollment is open for April & May! Young swimmers will improve their strokes & overall sports performance. Enroll on Connect.

March Happiness

March Happiness still continues into April! Stop by the lobby April 7-8 to watch the college women's & men's basketball championship.



Shared Membership

Take advantage of our warm weather activities by adding your favorite people to your membership!

Scan to add your squad.

Hospitality & Family

Host A Private Event

We're the perfect venue for birthday parties, team building sport events, specialized group classes, & roof top activities. Email Ray.Manning@bayclubs.com!

Spring Break Camp: Gateway

April 8-12

Our school break camps offer a range of engaging and entertaining activities for your kids. Enroll on Connect.

Blendid Smoothie Sample Day

Wednesday, April 17 | 6:30 pm

Join us on the second-floor lounge after your favorite class or workout to enjoy samples of our made-to-order smoothies!

Earth Day Sale

Monday, April 22 | All day

In honor of Earth Day, join us in The Shop for a special sale on select items.

Family Field Day

Sunday, April 28 | 12:00 pm-3:00 pm

Head to Gateway for a fun day of games by the pool. Meet our camp, aquatics, and racquet sports teams and join in some friendly games and competitions with the whole fam!





Sports & Fitness

Trainers Starter Pack

Get 3 training sessions at a special rate to 10x your fitness journey! Email Kenny.Lorenzetti@bayclubs.com for details.

Small Group Starter Pack

Get 4 passes to participate in any small group of your choice. Choose from Combat Camp, Pilates Reformer, & more! Email Mark.Ilarina@bayclubs.com for info.

Spring Basketball League

Monday, April 15

Our 8-week league starts soon!
Monday nights: Elite League,
Wednesday nights: Recreational League.
Enroll as a free agent or full team!
Email Danielle.Palmer@bayclubs.com.

Pilates Reformer

Mondays | 5:30 pm
Thursdays | 4:30 pm & 5:30 pm

Join our small-group reformer Pilates class with Teresa!
Kickstart your fitness journey with some great people.

BC Run Collective

Tuesdays & Thursdays | 5:30 pm
Sundays | 8:00 am

The inquiries have been coming in hot!
Meet Manny in the front lobby and join the group for a fun run.

April 2024

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 April Fools All Day Swim Team 5:00 pm-6:00 pm	2 Swim Team 5:00 pm-6:00 pm Run Club 5:30 pm	3 Youth Basketball Clinic 4:15 pm-5:15 pm Swim Team 5:00 pm-6:00 pm	4 Pilates Reformer 4:30 pm & 5:30 pm Swim Team 5:00 pm-6:00 pm Run Club 5:30 pm	5 Squash Round Robin 5:00 pm Swim Team 5:00 pm-6:00 pm	6 National Ping Pong Day Tournament 1:00 pm-3:00 pm
7 Cardio Hoops 9:00 am	8 Spring Break Camp: Gateway Swim Team 5:00 pm-6:00 pm	9 Spring Break Camp: Gateway Swim Team 5:00 pm-6:00 pm Run Club 5:30 pm	10 Spring Break Camp: Gateway Youth Basketball Clinic 4:15 pm-5:15 pm Swim Team 5:00 pm-6:00 pm	11 Spring Break Camp: Gateway Pilates Reformer 4:30 pm & 5:30 pm Run Club 5:30 pm	12 Spring Break Camp: Gateway Squash Round Robin 5:00 pm Swim Team 5:00 pm-6:00 pm	13
14 Cardio Hoops 9:00 am	15 Swim Team 5:00 pm-6:00 pm Elite Basketball League 6:00 pm-10:00 pm	16 Swim Team 5:00 pm-6:00 pm Run Club 5:30 pm	17 Swim Team 5:00 pm-6:00 pm Recreational Basketball League 6:00 pm-10:00 pm Blendid Smoothie Sample Day 6:30 pm	18 Pilates Reformer 4:30 pm & 5:30 pm Swim Team 5:00 pm-6:00 pm Run Club 5:30 pm	19 Squash Round Robin 5:00 pm Swim Team 5:00 pm-6:00 pm	20
21 Cardio Hoops 9:00 am	22 Earth Day Shop Sale All Day Swim Team 5:00 pm-6:00 pm Elite Basketball League 6:00 pm-10:00 pm	23 Swim Team 5:00 pm-6:00 pm Run Club 5:30 pm	24 Youth Basketball Clinic 4:15 pm-5:15 pm Swim Team 5:00 pm-6:00 pm Recreational Basketball League 6:00 pm-10:00 pm	25 Pilates Reformer 4:30 pm & 5:30 pm Swim Team 5:00 pm-6:00 pm Run Club 5:30 pm	26 Squash Round Robin 5:00 pm Swim Team 5:00 pm-6:00 pm	27
28 Cardio Hoops 9:00 am Family Field Day: Gateway 12:00 pm-3:00 pm	29 Swim Team 5:00 pm-6:00 pm Elite Basketball League 6:00 pm-10:00 pm	30 Swim Team 5:00 pm-6:00 pm Run Club 5:30 pm	1	2	3	4



Club Hours

Monday through Thursday:

5:00 am-10:00 pm

Friday:

5:00 am-9:00 pm

Saturday and Sunday:

7:00 am-7:00 pm

Contact Customer Service:

Log into the APP → More Tab → Contact us

Here, you can submit requests regarding membership changes, billing questions, and modifying your Shared Membership roster.

Change Your Payment Method:

Log into the APP → More Tab → Billing → Payment methods

→ Select your payment method

Payments can be set up with a debit card or checking account with zero transactional fees, or a credit card with a 2.5% surcharge.