



Club Life

April 2024 • South San Francisco

Spring is in the Air

Get out and get moving.



Club Highlights

Host a Pickleball Event

Interested in hosting a private pickleball session for your next corporate wellness event? Our team would love to help! Email Justin.Rose@bayclubs.com.

Personal Training

Personal Training is now available at the palace! Email Cole.Nakanishi@bayclubs.com to get scheduled for your assessment.

Adult Tennis Clinics

Want to improve your game? Our adult tennis clinics will help you be champ of the court in no time! Enroll on Connect.



Shared Membership

Take advantage of our warm weather activities by adding your favorite people to your membership!

Scan to add your squad.

Hospitality & Family

Spring Break Camp: Gateway

April 8-12

Our school break camps offer a range of engaging and entertaining activities for your kids. Enroll on Connect.

Spring Break Junior Tennis Camp

April 15-19

This camp offers an exciting and immersive experience for young tennis enthusiasts during their school break. Tailored for various skill levels. Enroll on Connect.

Earth Day

Monday, April 22 | All day

Stop by the Front Desk for a special surprise that's sure to "grow" your awareness of Mother Nature and the environment!

Shared Membership

Welcome spring with your favorite people and add up to five people to your membership!

Singles Mingle Pickleball

Saturday, April 13 | 1:30 pm-4:00 pm

Join us on for a singles-only tournament!
Great way to break the ice and make new friends.
Includes 30 minutes of instruction.
Email Courtney.Patterson@bayclubs.com to enroll.



Sports & Fitness

Tennis Challenge Courts

Our challenge courts and clinics are a great way to meet members in the club to play with! Visit the front desk to inquire about the best level to join for your skillset.

Junior USTA Tournament

Have your junior tennis player compete in our upcoming level 7 USTA event! Boys' and Girls' 14's and 16's. Email Steven.Gilliam@bayclubs.com for details.

Dumbbell Derby

Tuesdays & Thursdays | 5:00 pm-6:00 pm

Ranging from cardio to strength, this small group, HIIT class is for those who want to increase strength, performance, and overall fitness. Enroll on Connect.

Athletic Performance and Conditioning

Wednesdays & Fridays | 5:00 pm-6:00 pm

Athletic Performance and Conditioning will help you with your overall conditioning and sports performance. Enroll on Connect.



Private Tennis Lessons

We have lessons available for both youth and adults! Email Jason.Thomas@bayclubs.com to get started today.

April 2024

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 Pickleball Open Play 9:00 am-1:00 pm Cardio Tennis Clinic 12:00 pm-12:50 pm Tennis Challenge Court 3:30 pm-6:30 pm	2 3.0-3.5 Tennis Clinic 10:00 am-11:20 am Dumbbell Derby 5:00 pm-5:50 pm	3 Ladies' Rotational Doubles 12:30 pm-2:30 pm Athletic Performance and Conditioning 5:00 pm-6:00 pm Adult Tennis Clinic 4.0+ 8:00 pm-9:20 pm	4 Pickleball Open Play 9:00 am-1:00 pm Adult Tennis Clinic 3.5-4.0 12:00 pm-1:20 pm	5 Adult Tennis Clinic 3.5+ 12:30 pm-1:50 pm Adult Tennis Clinic 4.0+ 5:00 pm-6:20 pm	6 Cardio Tennis Clinic 8:00 am-8:50 am Adult Tennis Clinic 3.0-3.5 9:00 am-10:20 am
7 Adult Tennis Clinic 3.0-3.5 9:00 am-10:20 am Adult Tennis Clinic 3.5-4.0 10:30 am-11:50 am	8 Pickleball Open Play 9:00 am-1:00 pm Cardio Tennis Clinic 12:00 pm-12:50 pm Tennis Challenge Court 3:30 pm-6:30 pm	9 3.0-3.5 Tennis Clinic 10:00 am-11:20 am Dumbbell Derby 5:00 pm-5:50 pm	10 Ladies' Rotational Doubles 12:30 pm-2:30 pm Athletic Performance and Conditioning 5:00 pm-6:00 pm Adult Tennis Clinic 4.0+ 8:00 pm-9:20 pm	11 Pickleball Open Play 9:00 am-1:00 pm Adult Tennis Clinic 3.5-4.1 12:00 pm-1:20 pm	12 Adult Tennis Clinic 3.5+ 12:30 pm-1:50 pm Adult Tennis Clinic 4.0+ 5:00 pm-6:20 pm	13 Cardio Tennis Clinic 8:00 am-8:50 am Adult Tennis Clinic 3.0-3.6 9:00 am-10:20 am Singles Mingle Pickleball 1:30 pm-4:00 pm
14 Adult Tennis Clinic 3.0-3.6 9:00 am-10:20 am Adult Tennis Clinic 3.5-4.1 10:30 am-11:50 am	15 Spring Break Junior Tennis Camp Pickleball Open Play 9:00 am-1:00 pm Cardio Tennis Clinic 12:00 pm-12:50 pm	16 Spring Break Junior Tennis Camp 3.0-3.5 Tennis Clinic 10:00 am-11:20 am Dumbbell Derby 5:00 pm-5:50 pm	17 Spring Break Junior Tennis Camp Ladies' Rotational Doubles 12:30 pm-2:30 pm Adult Tennis Clinic 4.0+ 8:00 pm-9:20 pm	18 Spring Break Junior Tennis Camp Pickleball Open Play 9:00 am-1:00 pm Adult Tennis Clinic 3.5-4.2 12:00 pm-1:20 pm	19 Spring Break Junior Tennis Camp Adult Tennis Clinic 3.5+ 12:30 pm-1:50 pm Adult Tennis Clinic 4.0+ 5:00 pm-6:20 pm	20 Cardio Tennis Clinic 8:00 am-8:50 am Adult Tennis Clinic 3.0-3.7 9:00 am-10:20 am
21 Adult Tennis Clinic 3.0-3.7 9:00 am-10:20 am Adult Tennis Clinic 3.5-4.2 10:30 am-11:50 am	22 Earth Day All Day Cardio Tennis Clinic 12:00 pm-12:50 pm Tennis Challenge Court 3:30 pm-6:30 pm	23 3.0-3.5 Tennis Clinic 10:00 am-11:20 am Dumbbell Derby 5:00 pm-5:50 pm	24 Ladies' Rotational Doubles 12:30 pm-2:30 pm Athletic Performance and Conditioning 5:00 pm-6:00 pm Adult Tennis Clinic 4.0+ 8:00 pm-9:20 pm	25 Pickleball Open Play 9:00 am-1:00 pm Adult Tennis Clinic 3.5-4.3 12:00 pm-1:20 pm	26 Adult Tennis Clinic 3.5+ 12:30 pm-1:50 pm Adult Tennis Clinic 4.0+ 5:00 pm-6:20 pm	27 Cardio Tennis Clinic 8:00 am-8:50 am Adult Tennis Clinic 3.0-3.8 9:00 am-10:20 am
28 Adult Tennis Clinic 3.0-3.8 9:00 am-10:20 am Adult Tennis Clinic 3.5-4.3 10:30 am-11:50 am	29 Pickleball Open Play 9:00 am-1:00 pm Cardio Tennis Clinic 12:00 pm-12:50 pm Tennis Challenge Court 3:30 pm-6:30 pm	30 3.0-3.5 Tennis Clinic 10:00 am-11:20 am Dumbbell Derby 5:00 pm-5:50 pm	1	2	3	4



Club Hours

Monday through Friday:

8:00 am-10:00 pm

Saturday and Sunday:

8:00 am-8:00 pm

Contact Customer Service:

Log into the APP → More Tab → Contact us

Here, you can submit requests regarding membership changes, billing questions, and modifying your Shared Membership roster.

Change Your Payment Method:

Log into the APP → More Tab → Billing → Payment methods
→ Select your payment method

Payments can be set up with a debit card or checking account with zero transactional fees, or a credit card with a 2.5% surcharge.