

# Your Summer Retreat

Where relaxation meets fitness and sports

### Club Highlights

### Mother's Day Appreciation

Stop by the club on May 12 so we can show our appreciation for all of our Bay Club moms. Bring your mom to the club as a guest, on us!

### Tennis Clinics

Want to step up your game? Our adult tennis clinics will help you be the champ of the court in no time. Enroll on Connect.

### Corporate Pickleball Events

Interested in hosting a private pickleball session for your next corporate wellness event? Our team would love to help! Email Justin.Rose@bayclubs.com.



Shared Membership

Take advantage of our warm weather activities by adding your favorite people to your membership!

Scan to add your squad.

## Hospitality & Family

### **USTA Potluck**

#### Sunday, May 12 | 2:00 pm-5:00 pm

Come out to watch two of our USTA matches and bring your favorite dish to share for our potluck style member social.

### Bay to Breakers Kick-Off Party at Gateway

#### Sunday, May 19 | 6:00 am-9:00 am

Warm up for the race with our team! Join us bright and early to pre-game and stretch before the city's fun run.

### Memorial Day Camp at Gateway

#### Monday, May 27 | 9:00 am

Your kiddos are in for a fun-filled day! We'll keep them entertained with a ton of activities, including arts and crafts, pickleball, sports, games, and more. Enroll on Connect.

### Memorial Day Carnival and BBQ

### Monday, May 27 | 12:00 pm-3:00 pm

Join us on Memorial Day for complimentary BBQ and fun activities for the whole family, including a bouncy house, corn hole, and arts and crafts.

### Spring Junior Tennis

Registration is now open! Classes are available for players of all ages and abilities. Enroll on Connect.





### Sports & Fitness

### Athletic Performance and Conditioning

This small group training class improves speed, agility, and explosiveness, providing great overall body conditioning, so you're ready for your summer sport. Enroll on Connect.

### **Dumbell Derby**

This class is for those who want to increase strength, performance, and overall fitness. This HIIT-strength training hybrid consists of mainly dumbbells and occasional body weight exercises to help increase your overall fitness level.

### Wilson Racquet Sale

### May 10-12

New Wilson tennis racquets are now available for members to try out. Stop by May 10-12 for 15% off purchases through the weekend.

### Summer Tennis Camp

What better time for your young athlete to improve their skills on the tennis court than summer? Full-day and half-day options available. Enroll on Connect.

### New Live Ball and Cardio Tennis Clinics

Improve your game in time for summer with our new clinics. Check the group class schedule to sign-up.

# May 2024

### Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1 Adult Tennis Clinic: 3.5+ 5:30 pm-6:20 pm	2 Adult Tennis Clinic: 3.0-3.5 12:00 pm-1:20 pm Adult Tennis Clinic: 3.5-4.0 6:30 pm-7:50 pm	3 Adult Tennis Clinic: 3.0-3.5 11:00 am-12:20 pm Adult Tennis Clinic: 3.0-3.5 5:00 pm-6:20 pm	4 Adult Tennis Clinic: 3.0-3.5 9:00 am-10:20 am Adult Tennis Clinic: 4.5-5.0 (Advanced) 9:00 am-10:20 am
5	6 Cardio Tennis Clinic 8:00 am-8:50 am	7	8 Live Ball Tennis Clinic 12:00 pm-12:50 pm Adult Tennis Clinic: 3.5+ 5:30 pm-6:20 pm	9 Adult Tennis Clinic: 3.0-3.5 12:00 pm-1:20 pm Adult Tennis Clinic: 3.5-4.0 6:30 pm-7:50 pm	10 Wilson Demo Days All Day Adult Tennis Clinic: 3.0-3.5 11:00 am-12:20 pm Adult Tennis Clinic: 3.0-3.5 5:00 pm-6:20 pm	11 Wilson Demo Days All Day Adult Tennis Clinic: 3.0-3.5 9:00 am-10:20 am Adult Tennis Clinic: 4.5-5.0 (Advanced) 9:00 am-10:20 am
12 Wilson Demo Days All Day USTA Potluck 2:00 pm-5:00 pm	13 Cardio Tennis Clinic 8:00 am-8:50 am	14 Tennis Challenge Court 9:00 am-12:00 pm	15 Live Ball Tennis Clinic 12:00 pm-12:50 pm Adult Tennis Clinic: 3.5+ 5:30 pm-6:20 pm	16 Adult Tennis Clinic: 3.0-3.5 12:00 pm-1:20 pm Adult Tennis Clinic: 3.5-4.0 6:30 pm-7:50 pm	17 Adult Tennis Clinic: 3.0-3.5 11:00 am-12:20 pm Adult Tennis Clinic: 3.0-3.5 5:00 pm-6:20 pm	18 Adult Tennis Clinic: 3.0-3.5 9:00 am-10:20 am Adult Tennis Clinic: 4.5-5.0 (Advanced) 9:00 am-10:20 am
19 Bay to Breakers Kickoff Party: Gateway 6:00 am-9:00 am	20 Cardio Tennis Clinic 8:00 am-8:50 am	21 Tennis Challenge Court 9:00 am-12:00 pm	22 Live Ball Tennis Clinic 12:00 pm-12:50 pm Adult Tennis Clinic: 3.5+ 5:30 pm-6:20 pm	23 Adult Tennis Clinic: 3.0-3.5 12:00 pm-1:20 pm Adult Tennis Clinic: 3.5-4.0 6:30 pm-7:50 pm	24 Adult Tennis Clinic: 3.0-3.5 11:00 am-12:20 pm Adult Tennis Clinic: 3.0-3.5 5:00 pm-6:20 pm	25 Adult Tennis Clinic: 3.0-3.5 9:00 am-10:20 am Adult Tennis Clinic: 4.5-5.0 (Advanced) 9:00 am-10:20 am
26	27 Memorial Day Cardio Tennis Master Class 8:00 am-9:20 am Memorial Day Carnival and BBQ 12:00 pm-3:00 pm	28 Tennis Challenge Court 9:00 am-12:00 pm	29 Live Ball Tennis Clinic 12:00 pm-12:50 pm Adult Tennis Clinic: 3.5+ 5:30 pm-6:20 pm	30 Adult Tennis Clinic: 3.0-3.5 12:00 pm-1:20 pm Adult Tennis Clinic: 3.5-4.0 6:30 pm-7:50 pm	31 Adult Tennis Clinic: 3.0-3.5 11:00 am-12:20 pm Adult Tennis Clinic: 3.0-3.5 5:00 pm-6:20 pm	1



### **Club Hours**

Monday through Friday: 8:00 am-10:00 pm Saturday and Sunday: 8:00 am-8:00 pm

#### Contact Customer Service:

Log into the APP  $\rightarrow$  More Tab  $\rightarrow$  Contact us Here, you can submit requests regarding membership changes, billing questions, and modifying your Shared Membership roster.

#### Change Your Payment Method:

Log into the APP  $\rightarrow$  More Tab  $\rightarrow$  Billing  $\rightarrow$  Payment methods ightarrow Select your payment method Payments can be set up with a debit card or checking account with zero transactional fees, or a credit card with a 2.5% surcharge.

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.