



Club Life

July 2024 • Portland

Summer Fun Awaits

Everything you need for an unforgettable summer.



Club Highlights

4th of July BBQ

Celebrate the 4th with a BBQ at the Cabana and free snow cones by the pool!

Sip & Shop

Stop by The Shop on July 12 for some refreshing bubbly and appetizers.

Adult Swim: Third Thursday

Complimentary wine tasting on the pool deck with a live performance featuring The Bylines.



Shared Membership

Take advantage of our warm weather activities by adding your favorite people to your membership!

Scan to add your squad.



Summer Camps

The perfect solution for keeping kids engaged and inspired all summer. Weekly camps and last-minute single-day options.

Hospitality & Family

Fit Talk

Thursday | July 11 & 18

Join this month's Fit Talk series which covers the role of protein in muscle development in the first session, and the essentials of menopause in the second. Enroll on Connect.

Kids Pizza Night

Thursdays | 6:00 pm-8:00 pm

Drop your kids off at the restaurant to build their own pizza while you enjoy a kid-free evening out by the pool! \$20 per child. Sign up at the Front Desk.

Wild for Wibit

Friday, July 19 | 4:00 pm-6:00 pm

Come challenge yourself on the Wibit inflatable floating obstacle course in our Indoor Pool. Kids must pass the swim safety test to participate.

Stroll & Shop

July 26 & 27 | 9:00 am-1:00 pm

In need of some gift ideas? Stop by the club during our Stroll & Shop as we host local vendors that are sure to meet all your gift-giving needs.

Adult Swim

Sundays | 7:00 am-12:00 pm

Thursdays | 5:00 pm-9:00 pm

Come and enjoy adult-only outdoor pool hours! Stop by the Cabana for a menu catered specifically for Adult Swim.



Sports & Fitness

Intro to Strength Training

Starts Monday | July 8

Beginning weightlifters will learn proper technique, structure, and guidance on navigating equipment throughout the club. Ages 14-17.

Email Jason.Buhay@bayclubs.com for details.

H.I.I.T. Squad

Tuesdays & Thursdays | 11:30 am

This 45-minute class will challenge your cardiovascular system while also integrating strength training on the EDGE to help you achieve your performance goals. Enroll on Connect.

Pickleball Class for Kids

Tuesdays | 5:00 pm-6:00 pm

Kids will look forward to heading to the courts every Tuesday night for this fun pickleball class! Ages 10-16. Enroll on Connect.

Drop-in Futsal

Fridays | 5:00 pm-7:00 pm

We are excited to be offering a futsal drop-in on the courts every Friday evening. Come check it out!



Boxing

Saturdays | 9:00 am-9:50 am

Join Trainer Lawrence Martin in this full body workout of boxing, bag work, and footwork to improve strength and much more!

Enroll on Connect.

July 2024

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1	2 Taco Tuesday 4:00 pm-9:00 pm Spring League 7:00 pm-10:00 pm	3 Kids Night in the Restaurant 4:00 pm-9:00 pm	4 Club Hours 7:00 am-2:00 pm 4th of July BBQ 11:00 am-2:00 pm	5 Family Fun Friday 4:00 pm-9:00 pm Drop-in Futsal 5:00 pm-7:00 pm	6 Boxing 9:00 am-9:50 am
7 Adult Swim 7:00 am-12:00 pm Kids Climb Time 11:00 am-1:00 pm Belay Certification Class 3:00 pm-5:00 pm	8 Intro to Strength Training Starts	9 Taco Tuesday 4:00 pm-9:00 pm	10 Kids Night in the Restaurant 4:00 pm-9:00 pm	11 Adult Swim 5:00 pm-9:00 pm Fit Talk: Protein 6:00 pm Kids Pizza Night 6:00 pm-8:00 pm	12 Sip & Shop 10:00 am-1:00 pm Family Fun Friday 4:00 pm-9:00 pm Drop-in Futsal 5:00 pm-7:00 pm	13 Boxing 9:00 am-9:50 am
14 Adult Swim 7:00 am-12:00 pm Kids Climb Time 11:00 am-1:00 pm Belay Certification Class 3:00 pm-5:00 pm	15	16 Taco Tuesday 4:00 pm-9:00 pm	17 Kids Night in the Restaurant 4:00 pm-9:00 pm	18 Fit Talk: Menopause 101 11:30 am Adult Swim 5:00 pm-9:00 pm Kids Pizza Night 6:00 pm-8:00 pm	19 Wild for Wibit 4:00 pm-6:00 pm Family Fun Friday 4:00 pm-9:00 pm Drop-in Futsal 5:00 pm-7:00 pm	20 Boxing 9:00 am-9:50 am
21 Adult Swim 7:00 am-12:00 pm Kids Climb Time 11:00 am-1:00 pm Belay Certification Class 3:00 pm-5:00 pm	22	23 Taco Tuesday 4:00 pm-9:00 pm	24 Kids Night in the Restaurant 4:00 pm-9:00 pm	25 Adult Swim 5:00 pm-9:00 pm Kids Pizza Night 6:00 pm-8:00 pm	26 Stroll & Shop 9:00 am-1:00 pm Family Fun Friday 4:00 pm-9:00 pm Drop-in Futsal 5:00 pm-7:00 pm	27 Boxing 9:00 am-9:50 am Stroll & Shop 9:00 am-1:00 pm
28 Adult Swim 7:00 am-12:00 pm Kids Climb Time 11:00 am-1:00 pm Belay Certification Class 3:00 pm-5:00 pm	29	30 Taco Tuesday 4:00 pm-9:00 pm	31 Kids Night in the Restaurant 4:00 pm-9:00 pm	1	2	3



Club Hours Of Operations

Monday through Friday:
5:00 am-10:00 pm

Saturday and Sunday:
7:00 am-9:00 pm

Membership Payments:

Members are billed on the 1st of each month. Payments are due before the last day of the month via Connect, bill pay, or by mailing a check to: The Bay Club Company, P.O. Box 511462, Los Angeles, CA 90051-8017.

Shared Memberships:

You can add a former member to your roster by submitting a Modify Shared Roster request under Contact Us on the Connect app. Please include the name, birth date, and email address of the person you would like to add.