



# Club Life

October 2024 • Santa Clara

## Your purpose. Your place.

Come for what matters: fitness, focus, and family.



### Club Highlights

#### Tennis & Pickleball Lessons

Enhance your game with lessons for all skill levels, led by our expert instructors. Email Sean.Beaty@bayclubs.com for details.

#### Free Fitness Assessment

Achieve your fitness goals faster with a professional assessment from our certified trainers. Email Tal.Hit@bayclubs.com to schedule.

#### Masters Swim Practice

Join our masters program for ages 16+ with structured swim workouts that blend fun, fitness, and competition.



#### Recovery Centers

Your complimentary amenity for restoring body and mind, boosting circulation, reducing inflammation, and more.

Scan to learn more.

# Hospitality & Family

## Drop-In Badminton

Tuesday, Thursdays & Fridays

Enjoy quick games, meet new friends, and have a blast with our October drop-in sessions. Email [Christian.Solano@bayclubs.com](mailto:Christian.Solano@bayclubs.com) for more.

## Sunday Funday

Sunday, October 20 | 12:00 pm-2:00 pm

Bring the family to the playground for an afternoon filled with yard games, tasty refreshments, and plenty of fun.

## Third Thursday Member Social

Thursday, October 17 | 5:30 pm-7:00 pm

Join us in the lobby for music, light hospitality, games, and the chance to connect with other Bay Club members.

## Shared Membership

Before the sun sets on summer, add your squad to your membership and celebrate all the fun social events together, play some pickleball, or challenge each other on the floating obstacle course!



## Sunday Funday

Sunday, October 20  
12:00 pm-2:00 pm

Bring the family to the playground for an afternoon filled with yard games, tasty refreshments, and plenty of fun.

# Sports & Fitness

## Youth Swim Clinic

Sunday, October 13 | 2:00 pm–2:50 pm

Unlock your full potential with our freestyle swim clinic tailored for all skill levels. We'll focus on technique, endurance, and performance to help you reach your goals. Email [Dani.Zopp@bayclubs.com](mailto:Dani.Zopp@bayclubs.com) to enroll.

## InBody Table Analysis

Wednesday, October 23 | 5:30 pm–6:30 pm

Gain valuable insights into your body composition with an InBody analysis from Coach Betsy.

## Swim Team

Various Dates & Times

Join our swim team for a perfect blend of skill-building, competition, and fun. Whether you're just starting out or already experienced, we'll help you build confidence and achieve your personal best!

## Costume Round Robin Social

Thursday, October 31 | 6:00 pm–8:00 pm

Sign up for a spook-tacularly good time at this round robin social where Halloween costumes are mandatory! Email [Sean.Beaty@bayclubs.com](mailto:Sean.Beaty@bayclubs.com) for more info.



# Full-Body Function

Tuesday, October 15  
5:00 pm–6:00 pm

Take your functional training to the next level in this full-body workshop with our newest trainer, Betsy!

# October 2024

## Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2	3	4	5
		Youth Group Swim Lessons 4:30 pm-7:15 pm Level Up with Levi 6:00 pm-8:00 pm Cardio Tennis 7:00 pm-8:00 pm	Masters Swim Practice 12:00 pm-1:00 pm Youth Group Swim Lessons 4:30 pm-7:15 pm Level Up with Levi 6:00 pm-8:00 pm	Youth Group Swim Lessons 4:30 pm-7:15 pm Level Up with Levi 6:00 pm-8:00 pm Adult Advanced Tennis Clinic 6:30 pm-8:00 pm	National Cinnamon Bun Day 9:00 am-10:00 am Masters Swim Practice 12:00 pm-1:00 pm Youth Group Swim Lessons 4:30 pm-7:15 pm	Double Strategies 8:00 am-9:30 am Adult Group Swim Lessons 9:00 am-11:00 am Adults Intermediate Clinic 10:00 am-11:00 am
6	7	8	9	10	11	12
Junior Advanced Green Dot Clinic 10:00 am-11:00 am Junior Tennis Beginner/Intermediate Orange Ball 1:00 pm-2:00 pm Adult Group Swim Lessons 5:30 pm-7:30 pm	Adult Group Swim Lessons 9:00 am-11:00 am Masters Swim Practice 12:00 pm-1:00 pm Youth Group Swim Lessons 4:30 pm-7:15 pm	Youth Group Swim Lessons 4:30 pm-7:15 pm Level Up with Levi 6:00 pm-8:00 pm Cardio Tennis 7:00 pm-8:00 pm	Masters Swim Practice 12:00 pm-1:00 pm Youth Group Swim Lessons 4:30 pm-7:15 pm Level Up with Levi 6:00 pm-8:00 pm	Youth Group Swim Lessons 4:30 pm-7:15 pm Level Up with Levi 6:00 pm-8:00 pm Adults Beginner Pickleball Clinic 7:00 pm-8:00 pm	Masters Swim Practice 12:00 pm-1:00 pm Youth Group Swim Lessons 4:30 pm-7:15 pm Adults Beginners Clinic 6:30 pm-7:30 pm	Double Strategies 8:00 am-9:30 am Adult Group Swim Lessons 9:00 am-11:00 am Adults Intermediate Clinic 10:00 am-11:00 am
13	14	15	16	17	18	19
Junior Advanced Green Dot Clinic 10:00 am-11:00 am Junior Tennis Beginner/Intermediate Orange Ball 1:00 pm-2:00 pm Youth Swim Clinic 2:00 pm-2:50 pm	Adult Group Swim Lessons 9:00 am-11:00 am Masters Swim Practice 12:00 pm-1:00 pm Youth Group Swim Lessons 4:30 pm-7:15 pm	Youth Group Swim Lessons 4:30 pm-7:15 pm Full-Body Function 5:00 pm-6:00 pm Level Up with Levi 6:00 pm-8:00 pm	Masters Swim Practice 12:00 pm-1:00 pm Youth Group Swim Lessons 4:30 pm-7:15 pm Level Up with Levi 6:00 pm-8:00 pm	Youth Group Swim Lessons 4:30 pm-7:15 pm Level Up with Levi 6:00 pm-8:00 pm Adults Beginner Pickleball Clinic 7:00 pm-8:00 pm	Masters Swim Practice 12:00 pm-1:00 pm Youth Group Swim Lessons 4:30 pm-7:15 pm Adults Beginners Clinic 6:30 pm-7:30 pm	Double Strategies 8:00 am-9:30 am Adult Group Swim Lessons 9:00 am-11:00 am Adults Intermediate Clinic 10:00 am-11:00 am
20	21	22	23	24	25	26
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27	28	29	30	31	1	2
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### Club Hours

**Monday through Friday:**

6:00 am-10:00 pm

**Saturday and Sunday:**

7:00 am-8:00 pm

### Membership Payments:

Members are billed on the 1st of each month. Payments are due before the last day of the month via Connect, bill pay, or by mailing a check to: The Bay Club Company, P.O. Box 511462, Los Angeles, CA 90051-8017.

### Shared Memberships:

You can add a former member to your roster by submitting a Modify Shared Roster request under Contact Us on the Connect app. Please include the name, birth date, and email address of the person you would like to add.