



Club Life

October 2024 • Walnut Creek

Your purpose. Your place.

Come for what matters: fitness, focus, and family.



Club Highlights

School Break Camps

Now open for registration! Keep your kids active during school breaks with our day camps, offering sports, creative activities, swimming, and more.

Adult Halloween Costume Party

Come celebrate in your favorite costume with food, drinks, and spook-tacular fun on October 31st from 6:00 pm-9:30 pm.

East Bay Bingo

Pick up a card at any East Bay Club and check off activities like yoga, golf, and pickleball for a chance to win prizes!



Recovery Centers

Your complimentary amenity for restoring body and mind, boosting circulation, reducing inflammation, and more.

Scan to learn more.

Hospitality & Family

Organic Facial Event

October 8-10 | 9:00 am-8:00 pm

Treat yourself to an 80-minute Organic Facial at R Spa and receive a deluxe gift with purchase, while supplies last. Plus, members receive an additional 10% off!

90's Party at Citrus Restaurant

Friday, October 11 | 6:00 pm-9:00 pm

Join us at Citrus for a night of fun set in the 90's! Complimentary for members, \$15 entry fee for guests. Music, welcome drinks, and more!

4-Course Wine Dinner

Friday, October 18 | 5:00 pm-9:00 pm

Enjoy an evening of exquisite flavors and fine wines with our 4-course wine pairing dinner for just \$64 per person.

Kids Night Out: Monster Mash Bash

Saturday, October 26 | 5:00 pm-8:00 pm

Come dressed in your best costume and prepare for a night filled with laughter, treats, and Halloween magic. Ages 3-14. Register now on Connect.

Football Game Day Specials

Sundays

Join us every Sunday in Citrus to cheer on your favorite team with a lively atmosphere, great drink specials, and a tailgate-style menu.



Sports & Fitness

Women's Wellness Retreat

October 5-6

Rejuvenate your mind, body, and soul with a stay at our Renaissance hotel that includes workouts, lectures, and meals prepared by Chef Travis.

Elevate Winter Season

October 21-December 14

Experience our signature program designed to help you get fit, elevate your confidence, and build essential habits for long-term success on your fitness journey.

Fiit & Furious

Tuesdays & Thursdays | 9:00 am

Boost your cardio and strength in our high-intensity training program for every fitness level. Includes a personal progress journal, bi-weekly scans, diet tracking, and more!

Youth Swim Stroke Clinic

Sundays | 3:00 pm-4:00 pm

Sign up for our 4-week clinic to learn skills and techniques to take your swimming to the next level. Open to kids ages 6-12 who can swim the full length of the pool.



Fall Basketball League

Wednesdays | 6:00 pm-9:00 pm

Showcase your skills in our fun and competitive 8-week fall basketball league! Winning players earn bragging rights and their names displayed on a banner in the gymnasium.

October 2024

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2	3	4	5
		Masters Swim Program 8:30 am-9:30 am Fiit & Furious 9:00 am Citrus Fall Menu & Cocktail Launch	Senior Group Training 8:30 am Beginner Pickleball Clinic 2:00 pm-3:00 pm Fall Basketball League 6:00 pm-9:00 pm	Fiit & Furious 9:00 am KidFit Bay Club Basketball 4:00 pm-5:00 pm	Free Guest Friday 5:00 am-9:30 pm Free Clinic Friday (Basketball) 5:30 pm-6:30 pm Friday Social Launch with Wente Tasting	Women's Wellness Retreat All day event Kids Night Out: Super Hero Night 5:00 pm-8:00 pm Basketball Conditioning 5:00 pm-6:00 pm
6	7	8	9	10	11	12
Aromatherapy Delights at R Spa 9:00 am-8:00 pm Football Game Day Specials 12:00 pm-5:00 pm Swim Stroke Clinic (Youth) 3:00 pm-4:00 pm	Bay Club Camp: Fall Break 9:00 am-4:00 pm Kids Ex 3:30 pm-4:20 pm	Bay Club Camp: Fall Break 9:00 am-4:00 pm Kid Fit Homework Help 4:00 pm-5:00 pm Taco Tuesdays in Citrus 5:00 pm-8:00 pm	Senior Group Training 8:30 am Bay Club Camp: Fall Break 9:00 am-4:00 pm Intermediate Pickleball Clinic 2:00 pm-3:00 pm	Bay Club Camp: Fall Break 9:00 am-4:00 pm Fiit & Furious 9:00 am	Bay Club Camp: Fall Break 9:00 am-4:00 pm Free Clinic Fridays (Basketball) 5:30 pm-6:30 pm 90's Party at Citrus	KidFit Bay Club Bracelets 9:00 am-1:00 pm Recovery Tutorial 10:00 am Basketball Conditioning 5:00 pm-6:00 pm
13	14	15	16	17	18	19
Football Game Day Specials 12:00 pm-5:00 pm Pickleball Skill of the Month 2:00 pm-3:00 pm Swim Stroke Clinic (Youth) 3:00 pm-4:00 pm	Kids Ex 3:30 pm-4:20 pm	Fiit & Furious 9:00 am Hydrating Pumpkin Massage at R Spa 9:00 am-8:00 pm KidFit Homework Help 4:00 pm-5:00 pm	Senior Group Training 8:30 am Wings Wednesdays in Citrus 11:00 am-9:00 pm Fall Basketball League 6:00 pm-9:00 pm	Fiit & Furious 9:00 am Sunset Smores 7:00 pm-8:30 pm	Kids Night Out: Slime Party 5:00 pm-8:00 pm Free Clinic Fridays (Basketball) 5:30 pm-6:30pm Jazz + Wine Social at Citrus	Basketball Conditioning 5:00 pm-6:00 pm
20	21	22	23	24	25	26
KidsFit Bay Club Bracelets 9:00 am-12:00 pm Pickleball King & Queen of the Court 2:00 pm-4:00 pm Swim Stroke Clinic (Youth) 3:00 pm-4:00 pm	Kid Ex 3:30 pm-4:20 pm Elevate Winter Session begins	Fiit & Furious 9:00 am KidFit Homework Help 4:00 pm-5:00 pm Taco Tuesdays in Citrus 5:00 pm-8:00 pm	Senior Group Training 8:30 am Wings Wednesdays in Citrus 11:00 am-9:00 pm Fall Basketball League 6:00 pm-9:00 pm	Fiit & Furious 9:00 am Complimentary Hot Stone Enhancement at R Spa 9:00 am-8:00 pm Trivia Night on the Turf 7:00 pm-8:00 pm	Senior Group Training 8:30 am Free Clinic Fridays (Basketball) 5:30 pm-6:30 pm DJ + Wente Tasting at Citrus	Kids Night Out: Monster Mash Bash 5:00 pm-8:00 pm Basketball Conditioning 5:00 pm-6:00 pm
27	28	29	30	31	1	2
Swim Stroke Clinic (Youth) 3:00 pm-4:00 pm Football Game Day Specials 12:00 pm-5:00 pm	Bay Club Camp: Fall Break 9:00 am-4:00 pm KidFit Homework Help 4:00 pm-5:00 pm	Fiit & Furious 9:00 am Bay Club Camp: Fall Break 9:00 am-4:00 pm Taco Tuesdays in Citrus 5:00 pm-8:00 pm	Senior Group Training 8:30 am Spooktacular 5:30 pm-7:00 pm Fall Basketball League 6:00 pm-9:00 pm	Kids World Costume Party 8:00 am-1:00 pm Fiit & Furious 9:00 am Adult Halloween Costume Party 6:00 pm-9:30 pm		



Club Hours

Monday through Friday:

5:00 am-9:30 pm

Saturday and Sunday:

6:00 am-8:00 pm

Membership Payments:

Members are billed on the 1st of each month. Payments are due before the last day of the month via Connect, bill pay, or by mailing a check to: The Bay Club Company, P.O. Box 511462, Los Angeles, CA 90051-8017.

Shared Memberships:

You can add a former member to your roster by submitting a Modify Shared Roster request under Contact Us on the Connect app. Please include the name, birth date, and email address of the person you would like to add.