



# Club Life

January 2025 • Courtside

## BELONG *to something* BIGGER



### Club Highlights

#### Winter Break Camps

Members save 25% on fun-filled days at camp during Winter Break. Sports, arts & crafts, swimming, and more!

#### Seafood Extravaganza

Enjoy a fabulous family-style seafood dinner at Boulder Ridge on January 17. RSVP to [Reservations.BRGC@bayclubs.com](mailto:Reservations.BRGC@bayclubs.com).

#### Member Social

Join us for live music, light hospitality, and a chance to connect with fellow members on January 16.



#### Shared Membership

Add up to 5 people to your membership and team up to make 2025 your best year yet—together.

Scan to add your squad.

# Hospitality & Family

## Winter Princess Party

Saturday, January 11 | 10:00 am-1:00 pm

Wear your favorite dress and join Princess Anna for a magical winter celebration! Create your own wand, crown, and more. Register now on Connect.

## Hot Cocoa Bar & Movie Night

Friday, January 17 | 6:00 pm-9:00 pm

Drop off the kids for a cozy evening at Boulder Ridge with pizza, hot cocoa-making, and a movie. Parents can relax and enjoy Chef Benny's dinner specials and the breathtaking views. Enroll on Connect.

## Winter Break Camp

Monday, January 20 | 9:00 am-4:00 pm

While school is on break in honor of Martin Luther King Jr. Day, we'll keep the kiddos engaged and entertained with a variety of activities at the Club. Sign up on Connect.

## Football Championship Weekend

Sunday, January 26 | 12:00 pm-Close

Start your day with a round of golf at Boulder Ridge, then settle in to watch the Conference Championship games with a tailgate menu and food and drink specials!

## Sanctuary Spa Special

Throughout January

Begin the new year with a radiant glow. Book a luxurious HydraFacial in January and save \$50 off your service. Call 408.395.6166 to schedule an appointment today.



# Sports & Fitness

## Sound Bath Workshop

Saturday, January 4 | 2:00 pm

Relax and recharge with a Crystal Serenity Sound Bath, featuring a gentle yoga flow designed to enhance relaxation, flexibility, and mindfulness. Email Sarah.King@bayclubs.com for more.

## Vision Boards, Yoga & Meditation

Saturday, January 11 | 2:00 pm-4:00 pm

Align your goals and find balance through yoga, meditation, and creativity in this complimentary workshop. All levels welcome and materials are provided.

## Women's Transformation Program

Various Days & Times

Experience the benefits of personal training in a supportive group setting with like-minded women. Commit to 2 sessions per week and see results! Email Nicole.Miner@bayclubs.com for more.

## Aquatic Clinics

Sunday, January 26

Connect with other members at our monthly Aquatic Clinics, featuring Junior Lifeguards, Intro to Butterfly, and Water Polo. Email Shaw.Cichowski@bayclubs.com for more details.



# Glow Flow

Friday, January 31 | 5:30 pm

Join Diane and Eli to start the weekend off with a fun, glow-in-the-dark Vinyasa flow yoga session. Email Sarah.King@bayclubs.com for more details.

# January 2025

## Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
			Winter Break Camp 9:00 am-4:00 pm	Winter Break Camp 9:00 am-4:00 pm	Winter Break Camp 9:00 am-4:00 pm	Sound Bath Workshop 2:00 pm
5	6	7	8	9	10	11
USTA Mixed 18's & Singles Gender 40+ Season Commences		Tai Chi 7:00 am Vinyasa Yoga 1:30 pm GROOV3 4:30 pm	Mat Sculpt 7:00 am Mat Sculpt: Throwback Tracks 9:00 am	Kids Martial Arts 4:00 pm-7:00 pm Adult Jiu Jitsu 7:00 pm-8:00 pm Latin Ballroom 101 8:15 pm	Mat Sculpt 7:00 am	Winter Princess Party 10:00 am-1:00 pm Vision Board Creation with Yoga & Meditation 2:00 pm-4:00 pm
12	13	14	15	16	17	18
		Tai Chi 7:00 am Vinyasa Yoga 1:30 pm GROOV3 4:30 pm	Mat Sculpt 7:00 am	Kids Martial Arts 4:00 pm-7:00 pm Adult Jiu Jitsu 7:00 pm-8:00 pm Latin Ballroom 101 8:15 pm	Mat Sculpt 7:00 am Kids Night Out: Boulder Ridge 6:00 pm-9:00 pm Tennis Mixer & Potluck 6:00 pm-9:00 pm	
19	20	21	22	23	24	25
Winter Break Camp 9:00 am-4:00 pm		Tai Chi 7:00 am Vinyasa Yoga 1:30 pm GROOV3 4:30 pm	Mat Sculpt 7:00 am	Kids Martial Arts 4:00 pm-7:00 pm Adult Jiu Jitsu 7:00 pm-8:00 pm Latin Ballroom 101 8:15 pm	Mat Sculpt 7:00 am	Build Your Own Stuffed Animal 10:00 am-1:00 pm
26	27	28	29	30	31	1
		Tai Chi 7:00 am Vinyasa Yoga 1:30 pm GROOV3 4:30 pm	Mat Sculpt 7:00 am	Kids Martial Arts 4:00 pm-7:00 pm Adult Jiu Jitsu 7:00 pm-8:00 pm Latin Ballroom 101 8:15 pm	Mat Sculpt 7:00 am Glow Flow 5:30 pm	



### Club Hours

**Monday through Friday:**  
5:30 am-10:00 pm

**Saturday and Sunday:**  
6:00 am-9:00 pm

### Membership Payments:

Members are billed on the 1st of each month. Payments are due before the last day of the month via Connect, bill pay, or by mailing a check to: The Bay Club Company, P.O. Box 511462, Los Angeles, CA 90051-8017.

### Shared Memberships:

You can add a former member to your roster by submitting a Modify Shared Roster request under Contact Us on the Connect app. Please include the name, birth date, and email address of the person you would like to add.