



# Club Life

January 2025 • Pleasanton

# BELONG *to something* BIGGER



## Club Highlights

### Winter Break Camps

Members save 25% on winter break fun with a variety of activities packed into each day at camp!

### Personal Training Day

Come test-drive a trainer, get a personalized assessment, and learn how to improve your workout efficiency.

### Group Fitness Saturday Sampler

Kickstart the new year by trying something new with a fun-filled sampler of group fitness classes.



### Shared Membership

Add up to 5 people to your membership and team up to make 2025 your best year yet—together.

Scan to add your squad.

# Hospitality & Family

## New Year's Balloon Pop in the Shop

Wednesday, January 1 | 9:00 am-1:00 pm

Pop in and celebrate with a surprise discount on any purchase in The Shop on New Year's Day!

## Winter Break Camps

Dates & Times Vary

Members save 25% on winter break fun! Guests are welcome to join and experience a variety of activities packed into each day at camp. Secure your spot now on Connect.

## New Member Social

Thursday, January 23 | 6:00 pm-8:00 pm

New to the Club? Join us for our monthly social to connect with fellow members, enjoy light refreshments, and learn more about our programs and upcoming events.

## Shared Membership

You and your friends have unique fitness goals, so your membership should reflect that. With Shared Membership, you can customize your crew. Add up to 5 others to your account, and team up to make it the best year yet.

## Coding Clinics

Monday-Friday  
6:00 pm-7:00 pm

Ignite your kiddo's creativity and tech skills! Kids ages 4+ can explore code-building and technology in a hands-on environment. Email [Vanessa.Bowling@bayclubs.com](mailto:Vanessa.Bowling@bayclubs.com) or enroll on Connect for more.



# Sports & Fitness

## Personal Training Day

January 11 | 9:00 am–12:00 pm

Come “test-drive” a trainer, get a personalized assessment, ask questions, and learn how to improve your overall workout efficiency. Email [Josh.Lyon@bayclubs.com](mailto:Josh.Lyon@bayclubs.com) for details.

## Group Fitness Saturday Sampler

Saturday, January 25 | 8:00 am–12:30 pm

Kickstart your fitness routine with a fun-filled sampler of group fitness classes! Try something new, get a great cross-training workout, and make the most of the new year.

## Pilates Reformer Group Lessons

Times & Levels Vary

Build strength and flexibility with Reformer classes for all levels. Enjoy unlimited classes for \$175/month or \$40 per session. Email [Shawn.Schantin@bayclubs.com](mailto:Shawn.Schantin@bayclubs.com) to enroll.

## Jr. Tennis Clinics

Dates & Times Vary

Perfect for beginner to intermediate players, these clinics focus on tennis fundamentals, stroke refinement, and building athletic skills. Email [Cary.Tokunaga@bayclubs.com](mailto:Cary.Tokunaga@bayclubs.com) for details.



## Crow Canyon Sharks Swim Practice

Come train with the best—ranked #1 on the West Coast and #11 in the nation! Join the Sharks at Pleasanton. Enroll now on Connect or email [Joseph.Natina@bayclubs.com](mailto:Joseph.Natina@bayclubs.com) for more.

# January 2025

## Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
			Club Hours 7:00 am-5:00 pm Balloon Pop in the Shop 9:00 am-1:00 pm Winter Break Camp 9:00 am-4:00 pm	Winter Lobby Shop Sale All Day Winter Break Camp 9:00 am-4:00 pm Strokes & Conditioning 4:00 pm-6:00 pm	Free Guest Friday All Day Winter Lobby Shop Sale All Day Winter Break Camp 9:00 am-4:00 pm	Winter Lobby Shop Sale All Day
5	6	7	8	9	10	11
Winter Lobby Shop Sale All Day Parent-Tot Swim School 10:30 am-11:00 am Jr. Pickleball Clinic 11:30 am-12:30 pm	Winter Lobby Shop Sale All Day Winter Break Camp 9:00 am-4:00 pm Jr. Tennis Clinics 4:00 pm-7:00 pm	Winter Lobby Shop Sale All Day Swim School 4:00 pm-5:00 pm Strokes & Conditioning 4:00 pm-6:00 pm	Winter Lobby Shop Sale All Day Strokes & Conditioning 4:00 pm-6:00 pm Jr. Tennis Clinics 4:00 pm-7:00 pm	Jr. Pickleball Clinic 4:00 pm-5:00 pm Swim School 4:00 pm-5:00 pm Strokes & Conditioning 4:00 pm-6:00 pm	Swim School 4:00 pm-5:00 pm Strokes & Conditioning 4:00 pm-6:00 pm Kids Night Out 5:00 pm-8:00 pm	Personal Training Day 9:00 am-12:00 pm
12	13	14	15	16	17	18
Parent-Tot Swim School 10:30 am-11:00 am Jr. Pickleball Clinic 11:30 am-12:30 pm Kids Weekend Hangout 2:00 pm-5:00 pm	Swim School 4:00 pm-5:00 pm Strokes & Conditioning 4:00 pm-6:00 pm Jr. Tennis Clinics 4:00 pm-7:00 pm	Swim School 4:00 pm-5:00 pm Strokes & Conditioning 4:00 pm-6:00 pm	New Year, New You! 15% Off in The Shop All Day Strokes & Conditioning 4:00 pm-6:00 pm Jr. Tennis Clinics 4:00 pm-7:00 pm	Jr. Pickleball Clinic 4:00 pm-5:00 pm Swim School 4:00 pm-5:00 pm Strokes & Conditioning 4:00 pm-6:00 pm	Swim School 4:00 pm-5:00 pm Strokes & Conditioning 4:00 pm-6:00 pm Kids Night Out 5:00 pm-8:00 pm	
19	20	21	22	23	24	25
Parent-Tot Swim School 10:30 am-11:00 am Jr. Pickleball Clinic 11:30 am-12:30 pm Kids Weekend Hangout 2:00 pm-5:00 pm	Winter Break Camp 9:00 am-4:00 pm Swim School 4:00 pm-5:00 pm Strokes & Conditioning 4:00 pm-6:00 pm	Swim School 4:00 pm-5:00 pm Strokes & Conditioning 4:00 pm-6:00 pm	Swim School 4:00 pm-5:00 pm Strokes & Conditioning 4:00 pm-6:00 pm Jr. Tennis Clinics 4:00 pm-7:00 pm	Swim School 4:00 pm-5:00 pm Strokes & Conditioning 4:00 pm-6:00 pm New Member Social 6:00 pm-8:00 pm	Sip & Shop in The Shop All Day Kids Night Out 5:00 pm-8:00 pm	Group Fitness Sampler Event 8:00 am-12:30 pm
26	27	28	29	30	31	1
Parent-Tot Swim School 10:30 am-11:00 am Jr. Pickleball Clinic 11:30 am-12:30 pm Kids Weekend Hangout 2:00 pm-5:00 pm	Swim School 4:00 pm-5:00 pm Strokes & Conditioning 4:00 pm-6:00 pm Jr. Tennis Clinics 4:00 pm-7:00 pm	Swim School 4:00 pm-5:00 pm Strokes & Conditioning 4:00 pm-6:00 pm	Swim School 4:00 pm-5:00 pm Strokes & Conditioning 4:00 pm-6:00 pm Jr. Tennis Clinics 4:00 pm-7:00 pm	Swim School 4:00 pm-5:00 pm Strokes & Conditioning 4:00 pm-6:00 pm Tennis, Wine & Cheese Social 7:00 pm-9:00 pm	Sip & Shop in The Shop All Day Strokes & Conditioning 4:00 pm-6:00 pm Kids Night Out 5:00 pm-8:00 pm	



### Club Hours

#### Monday through Thursday:

5:30 am-10:00 pm

#### Friday:

5:30 am-9:00 pm

#### Saturday:

7:00 am-7:30 pm

#### Sunday:

7:00 am-7:00 pm

### Membership Payments:

Members are billed on the 1st of each month. Payments are due before the last day of the month via Connect, bill pay, or by mailing a check to: **The Bay Club Company, P.O. Box 511462, Los Angeles, CA 90051-8017.**

### Shared Memberships:

You can add a former member to your roster by submitting a **Modify Shared Roster** request under **Contact Us** on the Connect app. Please include the name, birth date, and email address of the person you would like to add.