



Club Life

January 2025 • Santa Clara

BELONG *to something* BIGGER



Club Highlights

New Year's Day Hours

On Wednesday, January 1, the Club will be open from 7:00 am to 8:00 pm. We look forward to seeing you!

Coach & Rally Mate

Hire a professional tennis coach for personalized doubles or singles matches! Email Sean.Beaty@Bayclubs.com.

Complimentary Fitness Assessment

Schedule your free body composition assessment and fitness consultation to reach your goals faster.



Shared Membership

Add up to 5 people to your membership and team up to make 2025 your best year yet—together.

Scan to add your squad.

Hospitality & Family

Third Thursday Member Social

Thursday, January 16 | 5:30 pm-7:00 pm

Join us in the lobby for music, light bites, games, and the chance to connect with fellow Bay Club members. For more details, email Christian.Solano@bayclubs.com.

Junior Advanced Green Dot Clinic

Sundays | 10:00 am-11:00 am

Learn advanced techniques, strategy, and match play on a full-sized court. Designed for players who've outgrown Orange Ball or want to prep for tournament competition.

Masters Swim Practice

Mondays, Wednesdays, Fridays | 12:00 pm-1:00 pm

This structured workout combines fitness and competitive swimming for adults or teens 16+. Reach your goals and build connections in a supportive environment.

Shared Membership

You and your friends have unique fitness goals, so your membership should reflect that. With Shared Membership, you can customize your crew. Add up to 5 others to your account, and team up to make it the best year yet.



National Bagel Day

Wednesday, January 15

8:00 am-10:00 am

Stop by the coffee station and celebrate with a fresh complimentary bagel and cream cheese. Start your day off right—with a tasty treat!

Sports & Fitness

Vered's New Year's Day Class

Wednesday, January 1 | 7:10 am-8:00 am

Start the year off strong on day one! Join Vered for a 50-minute BodyCombat class in the fitness studio. Begin the year strong from day one!

Dale's New Year's Day Class

Wednesday, January 1 | 8:00 am-8:50 am

Join Dale and the rest of the group for a fun 50-minute BodyPump fitness class. Reserve your spot now on Connect!

Kettlebell Clinic

Wednesday, January 8 | 5:00 pm-6:00 pm

Want to master kettlebell movements? Join us for a comprehensive session covering foundational exercises like swings, Turkish get-ups, and push presses.

Swim Clinic: Somersaults & Flip Turns

Sunday, January 19 | 2:00 pm-2:50 pm

Master the art of somersaults and flip turns to boost your speed, efficiency, and confidence in the water. Enroll now on Connect.



Complimentary InBody Table

Wednesday, January 22
5:30 pm-6:30 pm

Learn about your body composition and get personalized insights on how muscle mass, body fat, and hydration impact your fitness goals.

January 2025

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
			Vered's New Year's Day BodyCombat Group Fitness Class 7:10 am-8:00 am Dale's New Year's Day BodyPump Group Fitness Class 8:00 am-8:50 am	Pre-Masters Swim 6:45 am-7:30 am Intro to Pickleball 9:00 am-10:00 am Adult Advanced Clinic 6:30 pm-8:00 pm	Masters Swim Practice 12:00 pm-1:00 pm Pre-Team 4:00 pm-4:45 pm Adults Beginner Pickleball Clinic 7:00 pm-8:00 pm	Doubles Strategies 8:00 am-9:30 am Cardio Tennis 9:00 am-10:00 am Adults Intermediate Clinic 10:00 am-11:00 am
5	6	7	8	9	10	11
Junior Advanced Green Dot Clinic 10:00 am-11:00 am Adults Advanced/ Intermediate Clinic 10:00 am-11:30 am	Masters Swim Practice 12:00 pm-1:00 pm Swim Team 5:00 pm-6:30 pm Adults Advanced/ Intermediate Clinic 6:30 pm-8:00 pm	Pre-Masters Swim 6:45 am-7:30 am Cardio Tennis 7:00 pm-8:00 pm Adult Beginners Tennis Progression Clinic 7:00 pm-8:00 pm	Masters Swim Practice 12:00 pm-1:00 pm Kettlebell Clinic 5:00 pm-6:00 pm Adults Intermediate Clinic 5:30 pm-7:00 pm	Pre-Masters Swim 6:45 am-7:30 am Intro to Pickleball 9:00 am-10:00 am Adult Advanced Clinic 6:30 pm-8:00 pm	Masters Swim Practice 12:00 pm-1:00 pm Pre-Team 4:00 pm-4:45 pm Adults Beginner Pickleball Clinic 7:00 pm-8:00 pm	Doubles Strategies 8:00 am-9:30 am Cardio Tennis 9:00 am-10:00 am Adults Intermediate Clinic 10:00 am-11:00 am
12	13	14	15	16	17	18
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19	20	21	22	23	24	25
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26	27	28	29	30	31	1
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Club Hours

Monday through Friday:
6:00 am-10:00 pm

Saturday and Sunday:
7:00 am-8:00 pm

Membership Payments:

Members are billed on the 1st of each month. Payments are due before the last day of the month via Connect, bill pay, or by mailing a check to: The Bay Club Company, P.O. Box 511462, Los Angeles, CA 90051-8017.

Shared Memberships:

You can add a former member to your roster by submitting a Modify Shared Roster request under Contact Us on the Connect app. Please include the name, birth date, and email address of the person you would like to add.