



Club Life

January 2025 • San Francisco

BELONG *to something* BIGGER



Club Highlights

New Year Cardio Tennis

Kick off the year with a fun and energizing cardio tennis class at South San Francisco.

Wine Down Wednesday

Join us in the lobby after Yoga Sculpt, Choreobarre, or IGNITE for a relaxing wine tasting social.

New Year's Pop-Up Class

Experience our first pop-up of the year with Yoga for the Senses, 5K Run Club, and Boxing Bootcamp.



Shared Membership

Add up to 5 people to your membership and team up to make 2025 your best year yet—together.

Scan to add your squad.

Hospitality & Family

Junior Tennis Camps at South San Francisco

Improve skills, technique, and match play during school break camps, led by our elite tennis pros. Enroll on Connect or email Jason.Thomas@bayclubs.com for more details.

Wine & S'mores Night at South San Francisco

Friday, January 24 | 5:00 pm–7:00 pm

Get ready for a trifecta of fun in this evening of pickleball open play, wine tasting, and S'mores-making. What's not to love? Email Cole.Nakinishi@bayclubs.com for more info.

Wine Down Wednesday

Wednesday, January 29 | 6:30 pm

Unwind after your Yoga Sculpt, Choreobarre, or IGNITE class with a relaxing wine tasting social in the San Francisco lobby. Enjoy a fun, laid-back opportunity to mingle with fellow members.

Winter Break Camps

Members save 25% on winter break fun! Guests are welcome to join and experience a variety of activities packed into each day at camp. Secure your spot now on Connect.

Football Playoff Socials

Sundays | All day

Don't watch the game solo—join us in the lobby to catch the playoff action, cheer on your favorite team, and enjoy great company, snacks, and more!



Sports & Fitness

Personal Training Day

January 4 & 11 | 9:00 am-12:00 pm

Come “test-drive” a trainer, get a personalized assessment, ask questions, and learn how to improve your overall workout efficiency.

New Year’s Pop-Up Class

Saturday, January 18 | 9:00 am-12:00 pm

Kick off the year with our first pop-up event featuring Yoga for the Senses, 5K Run Club, and Boxing Bootcamp! Enroll on Connect or email Mark.Ilarina@bayclubs.com for more info.

Basketball League at San Francisco

Starts January 27

Enroll as a full team or a free agent in our Winter Leagues! Elite League plays Mondays from 6:00 pm-9:00 pm, and Rec League plays Wednesdays from 6:00 pm-10:00 pm. Email Juliet.Courtney@bayclubs.com to sign up.

Pickleball Tournaments

Saturdays & Sundays | Times & Dates Vary

Join us for exciting pickleball tournaments at both South San Francisco and Gateway! For details and dates, email Courtney.Patterson@bayclubs.com.



New Year Kickstart

January 4 & 11 | 9:00 am-12:00 pm

Set your healthy habits for the new year and experience our latest tech—the Power Plate, designed to stimulate your central nervous system and enhance neuromuscular reactivity for quicker results.

January 2025

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
			Winter Break Camp: Gateway 9:00 am-4:00 pm Swim School: Gateway 4:00 pm-6:00 pm	Winter Break Camp: Gateway 9:00 am-4:00 pm Swim School: Gateway 4:00 pm-6:00 pm	Winter Break Camp: Gateway 9:00 am-4:00 pm Swim School: Gateway 4:00 pm-6:00 pm	New Year Cardio Tennis: South San Francisco New Year Kickstart: San Francisco 9:00 am-12:00 pm Personal Training Day: San Francisco 9:00 am-12:00 pm
5	6	7	8	9	10	11
New Year Cardio Tennis: South San Francisco Football Playoff Social 10:00 am-7:00 pm	Swim School: Gateway 4:00 pm-6:00 pm	Swim School: Gateway 4:00 pm-6:00 pm	Swim School: Gateway 4:00 pm-6:00 pm	Swim School: Gateway 4:00 pm-6:00 pm	Basketball League Enrollment Closes Swim School: Gateway 4:00 pm-6:00 pm	New Year Kickstart: San Francisco 9:00 am-12:00 pm Personal Training Day: San Francisco 9:00 am-12:00 pm
12	13	14	15	16	17	18
Football Playoff Social 10:00 am-7:00 pm	Swim School: Gateway 4:00 pm-6:00 pm	Swim School: Gateway 4:00 pm-6:00 pm	Swim School: Gateway 4:00 pm-6:00 pm	Swim School: Gateway 4:00 pm-6:00 pm	Swim School: Gateway 4:00 pm-6:00 pm	New Year Pop-Up Class: San Francisco 9:00 am-12:00 pm
19	20	21	22	23	24	25
Football Playoff Social 10:00 am-7:00 pm	Winter Break Camp: Gateway 9:00 am-4:00 pm Junior Tennis Camp: South San Francisco 9:00 am-4:00 pm	Swim School: Gateway 4:00 pm-6:00 pm	Swim School: Gateway 4:00 pm-6:00 pm	Swim School: Gateway 4:00 pm-6:00 pm	Swim School: Gateway 4:00 pm-6:00 pm Wine & S'mores: South San Francisco 5:00 pm-7:00 pm	
26	27	28	29	30	31	1
Football Playoff Social 10:00 am-7:00 pm	Swim School: Gateway 4:00 pm-6:00 pm Basketball League 6:00 pm-10:00 pm	Swim School: Gateway 4:00 pm-6:00 pm	Lunar New Year Camp: Gateway & South San Francisco 9:00 am-4:00 pm Basketball League 6:00 pm-10:00 pm Wine Down Wednesday: San Francisco 6:30 pm-7:30 pm	Swim School: Gateway 4:00 pm-6:00 pm	Swim School: Gateway 4:00 pm-6:00 pm	



Hours of Operation

San Francisco
 Monday through Thursday: 5:00 am-10:00 pm
 Friday: 5:00 am-9:00 pm
 Saturday and Sunday: 7:00 am-7:00 pm

South San Francisco
 Monday through Friday: 7:00 am-10:00 pm
 Saturday and Sunday: 7:00 am-8:00 pm

Gateway
 Monday through Friday: 6:00 am-9:00 pm
 Saturday and Sunday: 7:00 am-8:00 pm

Financial District
 Monday through Friday: 5:00 am-8:00 pm
 Saturday and Sunday: Closed

Membership Payments:

Members are billed on the 1st of each month. Payments are due before the last day of the month via Connect, bill pay, or by mailing a check to: The Bay Club Company, P.O. Box 511462, Los Angeles, CA 90051-8017.

Shared Memberships:

You can add a former member to your roster by submitting a Modify Shared Roster request under Contact Us on the Connect app. Please include the name, birth date, and email address of the person you would like to add.