



Club Life

February 2025 • LA Campus

SHARE *the* LOVE

Make togetherness part of the routine.



Club Highlights

Complimentary Fitness Assessments

Book your new member assessment with an expert trainer by emailing Nikki.Murray@bayclubs.com.

Couples Yoga

Celebrate Valentine's Day with a complimentary restorative yoga class for couples at Santa Monica.

Pilates at El Segundo

We've added exciting new classes to our Reformer Pilates schedule. Check out the full lineup on Connect!



Shared Membership

Share the place you love with the people you love. For a limited time, enjoy a \$0 processing fee for Shared Add-ons.

Scan to start adding.

Hospitality & Family

Kids Night Out: Football Party

Sunday, February 9 | 2:30 pm-8:00 pm

Drop the kids off for the ultimate game day party with pizza, bounce house fun, a festive piñata, and more. For ages 2-12. Register on Connect.

Summer Camp Registration Open

Save 15% on early enrollment for a limited time, combined with your always-on 25% member discount, for a total of 40% off a summer filled with fun, friends, and adventure.

Shared Membership

February reminds us of the power of connection, community, and heart. Share the love of wellness, sports, and more with the people who matter most. Add up to 5 others and make togetherness part of the routine.



February Kids Nights Out

Fridays | 5:00 pm-8:00 pm

Enjoy a Friday evening to yourself as the kiddos enjoy fun themes like Glow-in-the-Dark Mini Golf, Dinosaur Takeover, and more. Check out the full schedule on Connect.

Sports & Fitness

Love & Wellness Sound Bath at Redondo Beach

Sunday, February 16 | 11:00 am

Melt away stress in this complimentary, Valentine-inspired sound bath, focusing on gratitude and renewal in a heart-centered healing experience. Register on Connect.

Beach Blast: Redondo Beach

Saturday, February 22 | 11:00 am

Beach Blast is back! Join our trainers for a high-energy, full-body workout on the beach, combining strength, cardio, and beach fun to keep you moving and motivated. Enroll on Connect.

Swim School at El Segundo

Spring registration is now open for ages 3-12. We offer private and small group lessons focused on water safety and fun, supportive instruction. Email Karrie.Kamiya@bayclubs.com to enroll.

Pilates Free Fridays

Fridays | 12:00 pm

If you're a new member or new to Pilates, come experience its many benefits, like increased core strength and improved posture. Email Nikki.Murray@bayclubs.com to sign up.



TRX Express Training

Tuesdays, Thursdays, Saturdays

Join Luly Mitchell at Santa Monica for a quick, 30-minute TRX session designed to build strength, improve balance, and enhance mobility—only \$15 per session.

February 2025

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1 Family Swim: El Segundo 1:00 pm-3:00 pm
2 Family Swim: El Segundo 10:00 am-3:00 pm	3	4	5	6	7 Kids Night Out 'Glow in-the-Dark Mini Golf': El Segundo 5:00 pm-8:00 pm	8 Colleen Berg Jewelry Pop-Up: Redondo Beach Family Swim: El Segundo 1:00 pm-3:00 pm
9 Family Swim: El Segundo 10:00 am-3:00 pm Kids Night Out 'Football Party': El Segundo 2:30 pm-8:00 pm	10	11	12	13	14 Valentine's Day Treats: Santa Monica Couples Restorative Yoga: Santa Monica 10:00 am Kids Night Out 'Pancakes & PJs': El Segundo 5:00 pm-8:00 pm	15 Family Swim: El Segundo 1:00 pm-3:00 pm
16 Family Swim: El Segundo 10:00 am-3:00 pm Love & Wellness Sound Bath: Redondo Beach 11:00 am	17	18	19	20	21 Kids Night Out 'Dinosaur Takeover': El Segundo 5:00 pm-8:00 pm	22 Family Swim: El Segundo 1:00 pm-3:00 pm
23 Family Swim: El Segundo 10:00 am-3:00 pm	24	25	26	27	28 Kids Night Out 'Wizard Magic Science Night': El Segundo 5:00 pm-8:00 pm	1



Hours Of Operation

El Segundo

Monday through Thursday: 5:00 am-10:00 pm

Friday: 5:00 am-9:00 pm

Saturday and Sunday: 7:00 am-7:00 pm

Santa Monica

Monday through Thursday: 6:00 am-9:00 pm

Friday: 6:00 am-7:00 pm

Saturday and Sunday: 7:00 am-3:00 pm

Redondo Beach

Monday through Friday: 5:30 am-9:00 pm

Saturday and Sunday: 7:00 am-7:00 pm

Membership Payments:

Members are billed on the 1st of each month. Payments are due before the last day of the month via Connect, bill pay, or by mailing a check to: **The Bay Club Company, P.O. Box 511462, Los Angeles, CA 90051-8017.**

Shared Memberships:

You can add a former member to your roster by submitting a Modify Shared Roster request under Contact Us on the Connect app. Please include the name, birth date, and email address of the person you would like to add.