



# Club Life

March 2025 • Portland



## Summer Camp Registration is Open!

The ultimate playground for kids to explore, connect, and have fun!

### Save 35%\*

Members always save 25% off all camp registrations, plus enjoy an extra 10% for limited time.

### Weekly Themes

New adventures every week - all summer long! From Hero Training to Under the Sea.

### Sports, Games, Art

A variety of activities and fresh ways to have fun, there's something for everyone ages 3-15.



Enroll  
Now

To view our full list of camp offerings and locations, visit [Connect](#). Non-members welcome.

# Hospitality & Family

## Sip & Shop

Wednesday, March 12 | 10:00 am-1:00 pm

Stop by The Shop to enjoy some bubbly and appetizers while perusing unique items and enjoying exclusive discounts.

## Pickleball & Pinot

Thursday, March 20 | 6:00 pm-8:00 pm

Enjoy an exciting evening of pickleball on the courts and unwind with a glass of pinot in the restaurant afterwards. It's truly the perfect pairing.

## Third Thursday Member Social

Thursday, March 20 | 6:00 pm-8:00 pm

Relax with a complimentary wine tasting at our monthly social, where you can sip, mingle, and make new connections with fellow members.

## Spring Break Camps

March 24-28 | 9:00 am-4:00 pm

Keep the kiddos active and entertained with our day camps, featuring sports, arts & crafts, group games, fun with friends, and more! Enroll now on Connect.

## Family Fun Fridays

Fridays | 4:00 pm-9:00 pm

Enjoy a family night out at the restaurant with a dinner buffet, a family-friendly movie, and ice cream cups for dessert. Plus, kids eat free with each paying adult.



# Sports & Fitness

## Basketball Academy

**Mondays & Wednesdays | 5:45 pm-7:15 pm**

Come sharpen your skills in our weekly basketball clinics, tailored for any level—from beginner to advanced. Sign up now on Connect.

## H.I.I.T. Squad

**Tuesdays & Thursdays | 11:30 am-12:15 pm**

Challenge your cardiovascular system while also integrating strength training on The EDGE to help achieve your performance goals. Enroll on Connect.

## Boxing

**Wednesdays & Saturdays | Times Vary**

Get a full-body workout with trainer Lawrence Martin, focusing on bag work, boxing techniques, and footwork to boost strength and agility. Sign up now on Connect.

## Young Athlete Sports + Conditioning Camp

**March 24-27 | 4:00 pm-6:00 pm**

This camp will provide the resources to start strength training in a safe and supervised manner, while also developing their confidence and skill in the sports they participate in. Ages 8-12. Enroll on connect.



## Spring ELEVATE

**March 3-April 26**

Transform your health with our comprehensive program, featuring personalized workouts, expert coaching, and proven strategies for sustainable lifestyle changes. Email [Jason.Buhay@bayclubs.com](mailto:Jason.Buhay@bayclubs.com) for more details.

# March 2025

## Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23	24	25	26	27	28	1 Boxing 9:00 am-9:50 am Youth Drop-in Basketball 2:00 pm-5:00 pm
2 Kids Climb Time 11:00 am-1:00 pm Belay Certification Class 3:00 pm-5:00 pm	3 Spring Elevate Session Starts BCSA: Basketball 5:45 pm-7:15 pm	4 H.I.I.T. Squad 11:30 am-12:15 pm Taco Tuesday 4:00 pm-9:00 pm Winter Basketball League 7:00 pm-10:00 pm	5 Boxing 11:30 am-12:20 pm BCSA: Basketball 5:45 pm-7:15 pm	6 H.I.I.T. Squad 11:30 am-12:15 pm Recess JR 5:00 pm-5:30 pm	7 Family Fun Friday 4:00 pm-9:00 pm Family Zumba 4:30 pm-5:20 pm	8 Boxing 9:00 am-9:50 am Youth Drop-in Basketball 2:00 pm-5:00 pm
9 Kids Climb Time 11:00 am-1:00 pm Belay Certification Class 3:00 pm-5:00 pm	10 BCSA: Basketball 5:45 pm-7:15 pm	11 H.I.I.T. Squad 11:30 am-12:15 pm Taco Tuesday 4:00 pm-9:00 pm Winter Basketball League 7:00 pm-10:00 pm	12 Sip & Shop 10:00 am-1:00 pm Boxing 11:30 am-12:20 pm BCSA: Basketball 5:45 pm-7:15 pm	13 H.I.I.T. Squad 11:30 am-12:15 pm Recess JR 5:00 pm-5:30 pm	14 Family Fun Friday 4:00 pm-9:00 pm Family Zumba 4:30 pm-5:20 pm	15 Boxing 9:00 am-9:50 am Youth Drop-in Basketball 2:00 pm-5:00 pm
16 Kids Climb Time 11:00 am-1:00 pm Shamrock & Roll 2:00 pm-4:00 pm Belay Certification Class 3:00 pm-5:00 pm	17 BCSA: Basketball 5:45 pm-7:15 pm	18 H.I.I.T. Squad 11:30 am-12:15 pm Taco Tuesday 4:00 pm-9:00 pm Winter Basketball League 7:00 pm-10:00 pm	19 Boxing 11:30 am-12:20 pm BCSA: Basketball 5:45 pm-7:15 pm	20 H.I.I.T. Squad 11:30 am-12:15 pm Third Thursday Member Social 6:00 pm-8:00 pm Pickleball & Pinot 6:00 pm-8:00 pm	21 Family Fun Friday 4:00 pm-9:00 pm Family Zumba 4:30 pm-5:20 pm	22 Boxing 9:00 am-9:50 am Youth Drop-in Basketball 2:00 pm-5:00 pm
23 Kids Climb Time 11:00 am-1:00 pm Belay Certification Class 3:00 pm-5:00 pm	24 Spring Break Camp 9:00 am-4:00 pm BCSA: Basketball 5:45 pm-7:15 pm	25 H.I.I.T. Squad 11:30 am-12:15 pm	26 Boxing 11:30 am-12:20 pm	27 H.I.I.T. Squad 11:30 am-12:15 pm	28 Family Fun Friday 4:00 pm-9:00 pm	29 Boxing 9:00 am-9:50 am
30 Kids Climb Time 11:00 am-1:00 pm Belay Certification Class 3:00 pm-5:00 pm	31 BCSA: Basketball 5:45 pm-7:15 pm	Taco Tuesday 4:00 pm-9:00 pm	BCSA: Basketball 5:45 pm-7:15 pm	Recess JR 5:00 pm-5:30 pm	Family Zumba 4:30 pm-5:20 pm	Youth Drop-in Basketball 2:00 pm-5:00 pm



### Club Hours

**Monday through Friday:**

5:00 am-10:00 pm

**Saturday and Sunday:**

7:00 am-9:00 pm

### Membership Payments:

Members are billed on the 1st of each month. Payments are due before the last day of the month via Connect, bill pay, or by mailing a check to: The Bay Club Company, P.O. Box 511462, Los Angeles, CA 90051-8017.

### Shared Memberships:

You can add a former member to your roster by submitting a Modify Shared Roster request under Contact Us on the Connect app. Please include the name, birth date, and email address of the person you would like to add.