



# Club Life

April 2025 • Portland



## Serving Up Serious Fun

Grab a paddle, find your people.  
It's National Pickleball Month.

### Club Highlights

#### Family Zumba

Gather the family for some fun with easy-to-follow dance moves and upbeat music every Friday night!

#### Weekend Court Games

Join us on weekends for dodgeball, basketball, and other court games—perfect for kids ages 7-12. Sign up on Connect.

#### Intelligent Cycling®

Boost your indoor cycling with immersive video and visual motivation in our instructor-led sessions.



Life is  
Better  
Shared

Share your love of pickleball and more with up to 7 others on one Shared Membership.

Scan to build your crew.

# Hospitality & Family

## School Break Camps

**April 10 & 11 | 9:00 am–4:00 pm**

Keep your kiddos active and entertained with our single-day camps, packed with activities, sports, arts & crafts, games, fun with friends, and more. Sign up now on Connect!

## Underwater Egg Hunt

**Friday, April 11 | 5:00 pm–6:00 pm**

Dive into fun at our underwater egg hunt! Enjoy exciting games, great prizes, and a splashin' good time—just \$20 per child. Email [Erica.Hafen@bayclubs.com](mailto:Erica.Hafen@bayclubs.com) to sign up.

## Pickleball & Pinot

**Thursday, April 17 | 6:00 pm–8:00 pm**

Enjoy an exciting evening of pickleball on the courts, then unwind with a glass of Pinot in the restaurant afterward. A perfect pairing!

## Wild for Wibit

**Friday, April 25 | 4:00 pm–6:00 pm**

Get ready to have a blast on the Wibit inflatable obstacle course in our indoor pool! No sign-up required—just come and join the fun. Kids must pass the swim safety test to participate.

# Bunny Brunch

**Saturday, April 12  
10:00 am–1:00 pm**

Bring the whole family together for a festive brunch, including a special photo with the Easter Bunny to celebrate springtime fun!





# Sports & Fitness

## Spring Awakening Meditation

Sunday, April 6 | 4:00 pm

Embrace renewal with a heart-opening cacao ceremony, sound bath, and guided meditation. Let crystal bowls and chimes guide you into deep relaxation and harmony with spring. Sign up on Connect.

## Pickleball Tournament

Saturday, April 26 | 9:30 am-12:30 pm

Grab your paddle and join the action in our fun double-elimination tournament! Games are played to 11, win by 2. Cost: \$20 per person. Sign up at the Front Desk.

## Spring Basketball League

Tuesdays | 7:00 pm-10:00 pm

Games begin April 29! Reserve your spot for weekly league play for adults 18 and over. Space is limited—sign up by emailing [Ty.Cleland@bayclubs.com](mailto:Ty.Cleland@bayclubs.com). \$125 per player.

## Kids Climb Time

Sundays | 11:00 am & 12:00 pm

Drop off your kiddos for a fun climbing adventure! Our experienced staff will guide them through the basics while you enjoy your own workout. Register on Connect.

# Technique Clinics

## Dates & Times Vary

Boost your strength and HIIT performance by improving technique. Drop in for 15 minutes or stay the full hour. Stations include hinge, push-ups, squats, and more. Enroll on Connect.



# April 2025

## Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
		H.I.I.T. Squad 11:30 am-12:15 pm  Taco Tuesday 4:00 pm-9:00 pm  Winter Basketball League 7:00 pm-10:00 pm	Boxing 11:30 am-12:20 pm  BCSA: Basketball 5:45 pm-6:45 pm	H.I.I.T. Squad 11:30 am-12:15 pm	Family Fun Friday 4:00 pm-9:00 pm  Family Zumba 4:30 pm-5:20 pm	Boxing 9:00 am-9:50 am  Youth Drop-in Basketball 2:00 pm-5:00 pm
6	7	8	9	10	11	12
Kids Climb Time 11:00 am-1:00 pm  Belay Certification Class 3:00 pm-5:00 pm  Spring Awakening Meditation 4:00 pm	BCSA: Basketball 5:45 pm-6:45 pm	H.I.I.T. Squad 11:30 am-12:15 pm  Taco Tuesday 4:00 pm-9:00 pm  Winter Basketball League 7:00 pm-10:00 pm	Boxing 11:30 am-12:20 pm  BCSA: Basketball 5:45 pm-6:45 pm	School Break Camp 9:00 am-4:00 pm  H.I.I.T. Squad 11:30 am-12:15 pm	School Break Camp 9:00 am-4:00 pm  Sip & Shop 10:00 am-1:00 pm  Family Fun Friday 4:00 pm-9:00 pm	Boxing 9:00 am-9:50 am  Bunny Brunch 10:00 am-1:00 pm  Youth Drop-in Basketball 2:00 pm-5:00 pm
13	14	15	16	17	18	19
Kids Climb Time 11:00 am-1:00 pm  Belay Certification Class 3:00 pm-5:00 pm	BCSA: Basketball 5:45 pm-6:45 pm	H.I.I.T. Squad 11:30 am-12:15 pm  Taco Tuesday 4:00 pm-9:00 pm	Boxing 11:30 am-12:20 pm  BCSA: Basketball 5:45 pm-6:45 pm	H.I.I.T. Squad 11:30 am-12:15 pm  Pickleball & Pinot 6:00 pm-8:00 pm  Third Thursday Social 6:00 pm-8:00 pm	Family Fun Friday 4:00 pm-9:00 pm  Family Zumba 4:30 pm-5:20 pm	Boxing 9:00 am-9:50 am  Youth Drop-in Basketball 2:00 pm-5:00 pm
20	21	22	23	24	25	26
Kids Climb Time 11:00 am-1:00 pm  Belay Certification Class 3:00 pm-5:00 pm	BCSA: Basketball 5:45 pm-6:45 pm	H.I.I.T. Squad 11:30 am-12:15 pm  Taco Tuesday 4:00 pm-9:00 pm	Boxing 11:30 am-12:20 pm  BCSA: Basketball 5:45 pm-6:45 pm	H.I.I.T. Squad 11:30 am-12:15 pm	Wild for Wubit 4:00 pm-6:00pm  Family Fun Friday 4:00 pm-9:00 pm  Family Zumba 4:30 pm-5:20 pm	Boxing 9:00 am-9:50 am  Pickleball Tournament 9:30 am-12:30 pm  Youth Drop-in Basketball 2:00 pm-5:00 pm
27	28	29	30	1	2	3
Kids Climb Time 11:00 am-1:00 pm  Belay Certification Class 3:00 pm-5:00 pm	BCSA: Basketball 5:45 pm-6:45 pm	H.I.I.T. Squad 11:30 am-12:15 pm  Taco Tuesday 4:00 pm-9:00 pm  Spring Basketball League 7:00 pm-10:00 pm	Boxing 11:30 am-12:20 pm  BCSA: Basketball 5:45 pm-6:45 pm			



### Club Hours

#### Monday through Friday:

5:00 am-10:00 pm

#### Saturday and Sunday:

7:00 am-9:00 pm

### Membership Payments:

Members are billed on the 1st of each month. Payments are due before the last day of the month via Connect, bill pay, or by mailing a check to: The Bay Club Company, P.O. Box 511462, Los Angeles, CA 90051-8017.

### Shared Memberships:

You can add a former member to your roster by submitting a Modify Shared Roster request under Contact Us on the Connect app. Please include the name, birth date, and email address of the person you would like to add.