



Club Life

June 2025 • Los Angeles

Your Summer Home

The ultimate retreat. No travel required.



Club Highlights

Summer Camps Are Here

Secure your kiddo's summer adventure at the ultimate playground—plus single-day camps are now open for registration!

Beach Blast

Join our trainers for a complimentary, high-energy, full-body workout on the sand at Redondo Beach.

Kids' Birthday Parties

We're now offering Friday availability at El Segundo—celebrate at the Club with fun games, activities, and more.



Summer '25 Beta

Your Community.
Your Way.
**Shared
Membership**

Whether you're hitting the courts, joining a fitness class, or relaxing poolside, it's more fun with your whole crew.

Scan to start adding.

Hospitality & Family

Coffee with Coaches at Redondo Beach

Saturday, June 14 | 9:00 am-11:30 am

Join us at Redondo Beach for complimentary coffee and bagels with beautiful views from the Lower Pool Deck. Sip a fresh cup as you chat with trainers about your fitness journey.

Outdoor Game Day

Saturday, June 21 | All Day

Enjoy friendly competition with games like cornhole, hopscotch, and horseshoes on the Turf at Redondo Beach. Unwind, soak up the sun, and play with friends and Bay Club trainers.

Summer Camps

Lock in your kiddo's summer plans at the ultimate summer playground! With programs for ages 3-15, there's everything from pickleball to pirate adventures. Spots are filling fast—reserve yours now on Connect.

Kids Night Out

Fridays | 5:00 pm-8:00 pm

Every Friday at El Segundo, kids ages 2-12 can enjoy themed activities like Glow-in-the-Dark Mini Golf, bounce house play, and a pizza dinner at The Clubhouse. Sign up now on Connect.





Sports & Fitness

National Bike Day

Tuesday, June 3 | 8:00 am

Celebrate with Oz and Diana in a fun, music-driven ride at Santa Monica—including a special surprise at the end!

Mobility Training: Joint Health & Longevity at Redondo Beach

Tuesdays & Thursdays | 9:00 am

Improve flexibility and joint health in this 4-week session. Ideal for those experiencing chronic conditions or recovering from injury. Email Darian.White@bayclubs.com for more.

Total Body Transformation

**Mondays, Wednesdays, Fridays
8:30 am & 9:30 am**

Get summer-ready in this 8-week program at El Segundo that blends cardio, strength, and interval training to deliver meaningful results. Email Ashley.Robinson@bayclubs.com for details.



Super Woman Workshop

Tuesday, June 10 | 6:30 pm

Unlock the power of your cycle—learn how to sync your workouts with your hormonal rhythms to boost energy, improve mood, and ease symptoms. Sign up on Connect for this free workshop at Redondo Beach.

June 2025

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Family Swim: El Segundo 10:00 am-3:00 pm	2	3 National Bike Day Class: Santa Monica 8:00 am	4 Wednesday White Board Workouts: Santa Monica Outdoor Running Bootcamp: Redondo Beach 4:00 pm	5	6 Kids Night Out: Color me Fun 5:00 pm-8:00 pm	7 Family Swim: El Segundo 1:00 pm-3:00 pm
8 Family Swim: El Segundo 10:00 am-3:00 pm	9	10 National Iced Tea Day 11:00 am-2:00 pm Super Woman Work- shop with Esmey Leon: Redondo Beach 6:30 pm	11 Wednesday White Board Workouts: Santa Monica Outdoor Running Bootcamp: Redondo Beach 4:00 pm	12	13 Kids Night Out: Stunt Trucks 5:00 pm-8:00 pm	14 Family Swim: El Segundo 1:00 pm-3:00 pm
15 Family Swim: El Segundo 10:00 am-3:00 pm	16	17	18 Wednesday White Board Workouts: Santa Monica Outdoor Running Bootcamp: Redondo Beach 4:00 pm	19	20 Kids Night Out: Glow-in-the-Dark Mini Golf 5:00 pm-8:00 pm	21 Family Swim: El Segundo 1:00 pm-3:00 pm
22 Family Swim: El Segundo 10:00 am-3:00 pm	23	24	25 Wednesday White Board Workouts: Santa Monica Outdoor Running Bootcamp: Redondo Beach 4:00 pm	26	27 Kids Night Out: Super Smash 5:00 pm-8:00 pm	28 Beach Blast: Redondo Beach 11:00 am Family Swim: El Segundo 1:00 pm-3:00 pm
29 Family Swim: El Segundo 10:00 am-3:00 pm	30	1	2	3	4	5



Hours of Operation

El Segundo

Monday through Thursday: 5:00 am-10:00 pm

Friday: 5:00 am-9:00 pm

Saturday and Sunday: 7:00 am-7:00 pm

Santa Monica

Monday through Thursday: 6:00 am-9:00 pm

Friday: 6:00 am-7:00 pm

Saturday and Sunday: 7:00 am-3:00 pm

Redondo Beach

Monday through Friday: 5:30 am-9:00 pm

Saturday and Sunday: 7:00 am-7:00 pm

Membership Payments:

Members are billed on the 1st of each month. Payments are due before the last day of the month via Connect, bill pay, or by mailing a check to: **The Bay Club Company, P.O. Box 511462, Los Angeles, CA 90051-8017.**

Shared Memberships:

You can add a former member to your roster by submitting a Modify Shared Roster request under Contact Us on the Connect app. Please include the name, birth date, and email address of the person you would like to add.