

PRO
CLUB

Club Life

June 2025 • Seattle

Your Summer Home

The ultimate retreat. No travel required.



Club Highlights

Summer Camps Are Here

Secure your kiddo's summer adventure at the ultimate playground—now open for registration!

Father's Day

Find the perfect gift for every dad, with gift certificates from spa treatments to fitness and car detailing in the Auto Salon.

Celebrate International Yoga Day

Join us for a morning of movement and mindfulness with three free Yoga classes Sunday, June 15. Register in Connect.



Summer '25 Beta

Your Community.
Your Way.
**Shared
Membership**

Whether you're hitting the courts, joining a fitness class, or relaxing poolside, it's more fun with your whole crew.

Scan to start adding.

Hospitality & Family

Celebrate Dad at the PRO Shop

June 1-15

Stop by our Father's Day Pop-Up now through June 15 to get 20% off all men's gear. Whether your dad's into fitness, fashion, or both, you can find the perfect gift.

Summer Camp Themes

Get ready for action-packed camp weeks with Hero Training, Waterpark Extravaganza, Tennis, Dance, Coding, and more. Members receive special pricing and non-members get 15% off. Enroll on Connect!

Medical Spa Specials

For a limited time, purchase a PDGF Hair Loss Treatment Package and receive a complimentary AnteAGE® Home Hair System. Plus, get 25 units of Botox (a \$400 value) for free with the purchase of a full SKINVIVE™ treatment.

Vibrant Nails Event

Add some bold color to your nails with the new Shellac Vivid collection by CND. Enjoy a Shellac or PlexiGel manicure and get two complimentary Celebrity Nail Designs. Call 425.895.6565 to schedule your appointment today.

Father's Day at The Spa & Salon

Treat your dad to a day of relaxation, renewal, and revitalization with a spa treatment, paired with a cold IPA. It's self-care that tastes as good as it feels.





Sports & Fitness

Personal Training Concierge

Let our concierge pairing service match you with your ideal personal trainer. For Bellevue, email CSwedberg@proclub.com or contact CJustice@proclub.com in Seattle.

Varsity Summer Hoops League

Join our youth basketball summer sessions, including group clinics, private training, and weekend scrimmages. Email Pavilion@proclub.com for more information.

International Yoga Day

Sunday, June 15 | Various Times

Celebrate International Yoga Day with special free classes, including Yin Yoga, Meditation Pranayama, and a Restorative Sound Bath. Register on Connect to reserve your spot.

Swim Team Tryouts

June 23-26 | Various Times

Try out for our year-round swim team and build strength, confidence, and lifelong connections. Email our Swim Team Coordinator at KBooth@proclub.com for more details.




New Personal Trainers

Welcome Kamini Fonseca and Tyler Wilken, our newest personal trainers in Seattle! Book a complimentary 55-minute Get Started session, which includes goal-setting and a personalized workout. Email CJustice@proclub.com to schedule.

June 2025

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Reformer Pilates Class: Bellevue 9:00 am Gentle Flow Yoga: Seattle 9:30 am Restorative Yoga: Seattle 10:30 am	2 Reformer Pilates Class: Bellevue 9:30 am & 5:30 pm Kids Fit Lab: Bellevue 4:30 pm-5:20 pm	3 Reformer Pilates Class: Bellevue 9:30 am, 12:00 pm, 5:30 pm Kids Fit Lab: Bellevue 4:30 pm-5:20 pm	4 National Running Day: 20% Off Select Running Gear at the PRO Shop 8:00 am-8:00 pm Reformer Pilates Class: Bellevue 9:30 am, 12:00 pm, 6:00 pm Kids Fit Lab: Bellevue 4:30 pm-5:20 pm	5 Reformer Pilates Class: Bellevue 9:00 am, 12:00 pm, 5:30 pm, 6:30 pm Kids Fit Lab: Bellevue 4:30 pm-5:20 pm IGNITE: Seattle 6:00 pm	6 Triple Threat Circuit: Seattle 7:00 am Reformer Pilates Class: Bellevue 9:30 am, 12:00 pm, 6:00 pm Kids Night Out 5:00 pm-9:00 pm	7 Reformer Pilates Class: Bellevue 8:30 am & 9:30 am IGNITE: Seattle 8:30 am & 9:45 am Family Fun Night: Bellevue 4:00 pm-7:00 pm
8 Reformer Pilates Class: Bellevue 9:00 am Gentle Flow Yoga: Seattle 9:30 am Restorative Yoga: Seattle 10:30 am	9 Reformer Pilates Class: Bellevue 9:30 am & 5:30 pm Kids Fit Lab: Bellevue 4:30 pm-5:20 pm	10 Reformer Pilates Class: Bellevue 9:30 am, 12:00 pm, 5:30 pm Kids Fit Lab: Bellevue 4:30 pm-5:20 pm	11 Reformer Pilates Class: Bellevue 9:30 am, 12:00 pm, 6:00 pm Kids Fit Lab: Bellevue 4:30 pm-5:20 pm	12 Sport & Swim Camp 9:00 am-4:00 pm Reformer Pilates Class: Bellevue 9:00 am, 12:00 pm, 5:30 pm, 6:30 pm Kids Fit Lab: Bellevue 4:30 pm-5:20 pm	13 Triple Threat Circuit: Seattle 7:00 am Sport & Swim Camp 9:00 am-4:00 pm Reformer Pilates Class: Bellevue 9:30 am, 12:00 pm, 6:00 pm	14 Reformer Pilates Class: Bellevue 8:30 am & 9:30 am IGNITE: Seattle 8:30 am & 9:45 am Family Fun Night: Bellevue 4:00 pm-7:00 pm
15 Father's Day at the Spa & Salon International Yoga Day: Yin Yoga 10:15 am-11:00 am Meditation/Pranayama 11:15 am-12:00 pm Restorative/Sound Bath 12:15 pm-1:00 pm	16 Sport & Swim Camp 9:00 am-4:00 pm Reformer Pilates Class: Bellevue 9:30 am & 5:30 pm Kids Fit Lab: Bellevue 4:30 pm-5:20 pm	17 Reformer Pilates Class: Bellevue 9:30 am, 12:00 pm, 5:30 pm Kids Fit Lab: Bellevue 4:30 pm-5:20 pm	18 National Splurge Day: Sales at the PRO Shop 8:00 am-8:00 pm Reformer Pilates Class: Bellevue 9:30 am, 12:00 pm, 6:00 pm Kids Fit Lab: Bellevue 4:30 pm-5:20 pm	19 Reformer Pilates Class: Bellevue 9:00 am, 12:00 pm, 5:30 pm, 6:30 pm Kids Fit Lab: Bellevue 4:30 pm-5:20 pm IGNITE: Seattle 6:00 pm	20 Triple Threat Circuit: Seattle 7:00 am Reformer Pilates Class: Bellevue 9:30 am, 12:00 pm, 6:00 pm Lifeguard Certification Course: Bellevue 5:00 pm-10:00 pm	21 IGNITE: Seattle 8:30 am & 9:45 am Lifeguard Certification Course: Bellevue 10:00 am-5:00 pm Family Fun Night: Bellevue 4:00 pm-7:00 pm
22 Gentle Flow Yoga: Seattle 9:30 am Lifeguard Certification Course: Bellevue 10:00 am-5:00 pm Restorative Yoga: Seattle 10:30 am	23  Summer Camps Begin Swim Team Tryouts National Pink Day: Wear Pink & Save 20% at the PRO Shop 8:00 am-8:00 pm	24 Swim Team Tryouts Reformer Pilates Class: Bellevue 9:30 am, 12:00 pm, 5:30 pm Kids Fit Lab: Bellevue 4:30 pm-5:20 pm	25 Swim Team Tryouts Reformer Pilates Class: Bellevue 9:30 am, 12:00 pm, 6:00 pm Kids Fit Lab: Bellevue 4:30 pm-5:20 pm	26 Swim Team Tryouts Reformer Pilates Class: Bellevue 9:00 am, 12:00 pm, 5:30 pm, 6:30 pm Kids Fit Lab: Bellevue 4:30 pm-5:20 pm	27 Triple Threat Circuit: Seattle 7:00 am Reformer Pilates Class: Bellevue 9:30 am, 12:00 pm, 6:00 pm	28 Reformer Pilates Class: Bellevue 8:30 am & 9:30 am IGNITE: Seattle 8:30 am & 9:45 am Family Fun Night: Bellevue 4:00 pm-7:00 pm
29 Reformer Pilates Class: Bellevue 9:00 am Gentle Flow Yoga: Seattle 9:30 am Restorative Yoga: Seattle 10:30 am	30 Group Lesson Swim Session: Bellevue Reformer Pilates Class: Bellevue 9:30 am & 5:30 pm Kids Fit Lab: Bellevue 4:30 pm-5:20 pm	1	2	3	4	5



Hours Of Operation

Bellevue

Monday through Friday:

5:00 am-11:00 pm

Saturday and Sunday:

7:00 am-10:00 pm

Seattle

Monday through Friday:

6:00 am-9:00 pm

Saturday and Sunday:

7:00 am-7:00 pm

Membership Payments:

Members are billed on the 1st of each month. Payments are due before the last day of the month via Connect, bill pay, or by mailing a check to: The Bay Club Company, P.O. Box 511462, Los Angeles, CA 90051-8017.

Shared Memberships:

You can add a former member to your roster by submitting a Modify Shared Roster request under Contact Us on the Connect app. Please include the name, birth date, and email address of the person you would like to add.