



Club Life

October 2025 • Los Angeles

A large, stylized pink ribbon graphic that curves across the middle of the page, symbolizing breast cancer awareness.

NATIONAL **BREAST CANCER** AWARENESS MONTH

That
Make-An-Impact
Feeling

Together, we go further.

We're proud to partner with the Pink Lemonade Stand Challenge this month, raising awareness and supporting breast cancer research through themed classes and special programming across our clubs.

Club Highlights

Try a "Pink" Class

All month, join our special "for Pink" classes across the clubs to help raise awareness and funds for breast cancer research.

Trekking

Join one of our Elite Trainers for a complimentary 50-minute treadmill interval workout on October 15. Email Diana.Poff@bayclubs.com to sign up.

Birthday Parties

Celebrate your kiddo's special day at The Clubhouse—we'll bring your party plans to life. Email Family.BCES@bayclubs.com for details.



**SUPPORT
NOW**

Scan here to learn more, get involved, and show your support with community spirit or a donation.

October 2025

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	 <p>YOUR MEMBER PERKS</p> <p>Exclusive member-only deals on curated brands, luxury resorts, wellness products & more. Scan to explore the collection.</p>		1	2	3	4
			<p>Beginner Pickleball Lesson: ES 9:30 am-10:45 am</p> <p>Pickleball: Intermediate Live Ball: ES 11:00 am-12:30 pm</p> <p>Pump for Pink: ES 12:00 pm</p>	<p>Fall Basketball Open League: ES 6:30 pm-9:30 pm</p>	<p>Kids Night Out Smash Battle: ES 5:00 pm-8:00 pm</p>	<p>Family Swim: ES 1:00 pm-3:00 pm</p>
5	6	7	8	9	10	11
<p>Family Swim: ES 10:00 am-3:00 pm</p>	<p>Barre for Pink: RB 8:00 am</p>	<p>Fall Basketball 35+ League: ES 6:30 pm-9:30 pm</p>	<p>Pedal for Pink: ES 9:00 am-9:50 am</p> <p>Beginner Pickleball Lesson: ES 9:30 am-10:45 am</p> <p>Pickleball: Intermediate Live Ball: ES 11:00 am-12:30 pm</p>	<p>Fall Basketball Open League: ES 6:30 pm-9:30 pm</p>	<p>Kids Night Out Monster Food Craft: ES 5:00 pm-8:00 pm</p>	<p>Family Swim: ES 1:00 pm-3:00 pm</p>
12	13	14	15	16	17	18
<p>Family Swim: ES 10:00 am-3:00 pm</p>	<p>Pump for Pink: SM 7:00 am</p> <p>IGNITE for Pink: ES 5:30 pm</p>	<p>Fall Basketball 35+ League: ES 6:30 pm-9:30 pm</p>	<p>Pose for Pink: SM 6:30 am-7:20 am</p> <p>Beginner Pickleball Lesson: ES 9:30 am-10:45 am</p> <p>Pickleball: Intermediate Live Ball: ES 11:00 am-12:30 pm</p>	<p>Barre for Pink: RB 11:00 am-11:50 am</p> <p>Fall Basketball Open League: ES 6:30 pm-9:30 pm</p>	<p>Kids Night Out Spooky Science: ES 5:00 pm-8:00 pm</p>	<p>Pedal for Pink: SM 8:00 am-8:50 am</p> <p>Pump for Pink: RB 10:30 am-11:20 am</p> <p>Family Swim: ES 1:00 pm-3:00 pm</p>
19	20	21	22	23	24	25
<p>Family Swim: ES 10:00 am-3:00 pm</p>		<p>Barre for Pink: ES 9:30 am</p> <p>Fall Basketball 35+ League: ES 6:30 pm-9:30 pm</p>	<p>Beginner Pickleball Lesson: ES 9:30 am-10:45 am</p> <p>Pickleball: Intermediate Live Ball: ES 11:00 am-12:30 pm</p>	<p>Fall Basketball Open League: ES 6:30 pm-9:30 pm</p>	<p>Kids Night Out Pumpkin Decorating Party: ES 5:00 pm-8:00 pm</p>	<p>Family Swim: ES 1:00 pm-3:00 pm</p>
26	27	28	29	30	31	1
<p>Pedal for Pink: RB 9:15 am</p> <p>Family Swim: ES 10:00 am-3:00 pm</p>	<p>Pedal for Pink: ES 8:00 am</p>	<p>Fall Basketball 35+ League: ES 6:30 pm-9:30 pm</p>	<p>Beginner Pickleball Lesson: ES 9:30 am-10:45 am</p> <p>Pickleball: Intermediate Live Ball: ES 11:00 am-12:30 pm</p>	<p>Fall Basketball Open League: ES 6:30 pm-9:30 pm</p>	 <p>Happy Halloween</p>	

ES: El Segundo RB: Redondo Beach SM: Santa Monica

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.