



Club Life

October 2025 • San Diego

NATIONAL **BREAST CANCER** AWARENESS MONTH

That Make-An-Impact Feeling

Together, we go further.

We're proud to partner with the Pink Lemonade Stand Challenge this month, raising awareness and supporting breast cancer research through themed classes and special programming across our clubs.

Club Highlights

Kids Pumpkin Decorating

Kiddos ages 3-12 can get creative with paint, glue, and glitter to make their own festive pumpkin on October 10. Dinner, dessert & pumpkins provided.

Fall Yoga Nidra Relaxation

On October 16, experience the art of letting go with guided meditation to release stress and restore balance. \$30 per person.

Halloween Gala

Come enjoy an evening of eerie fun and festive food at Fairbanks Ranch on October 17. Ages 21+. RSVP to Michelle.Larson@bayclubs.com.



SHARED MEMBERSHIP

Bring your whole crew together on one membership to enjoy pool days, family fun & more.

Scan now to learn more.

October 2025

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	 <div>YOUR MEMBER PERKS</div> <p>Exclusive member-only deals on curated brands, luxury resorts, wellness products & more.</p> <p>Scan to explore the collection.</p>		1	2	3	4
			Pilates for Pink Kickoff Class 8:30 am-9:30 am	Beginner Teen Tennis 4:30 pm-6:00 pm	Pure Strength for Pink 12:00 pm-1:00 pm	Power Sculpt for Pink 10:00 am-11:00 am
			Burger Night: The Grille at FR 5:00 pm-8:00 pm	Pizza Night: The Grille at FR 5:00 pm-8:00 pm	Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm	Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm
				Basketball League 5:00 pm-9:00 pm	TGIF Tennis League 5:00 pm-8:00 pm	
5	6	7	8	9	10	11
Performance Cycle for Pink 9:00 am-10:00 am		Early Morning Meditation 7:30 am-8:00 am		Beginner Teen Tennis 4:30 pm-6:00 pm	Yoga Flow for Pink 1:00 pm-2:00 pm	BollyX for Pink 11:00 am-12:00 pm
Sunday Breakfast: The Grille at FR 10:00 am-3:00 pm	Pickleball Junior Training: Ages 11-14 3:30 pm-5:00 pm	Beginner Teen Tennis 4:30 pm-6:00 pm	Pickleball Junior Training: Ages 7-11 3:30 pm-5:00 pm	Pizza Night: The Grille at FR 5:00 pm-8:00 pm	Kids Pumpkin Decorating 4:00 pm-6:00 pm	Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm
Baby & Parent Swim Clinic 11:15 am-11:45 am		Taco Tuesday: The Grille at FR 5:00 pm-8:00 pm	Burger Night: The Grille at FR 5:00 pm-8:00 pm	Football Night: The Sports Lounge at FR 5:00 pm-8:00 pm	TGIF Tennis League 5:00 pm-8:00 pm	
12	13	14	15	16	17	18
Pump for Pink 9:30 am-10:30 am		Beginner Teen Tennis 4:30 pm-6:00 pm		Beginner Teen Tennis 4:30 pm-6:00 pm	TGIF Tennis for Pink 5:00 pm-8:00 pm	Pedal for Pink 10:00 am-11:00 am
Baby & Parent Swim Clinic 11:15 am-11:45 am	School Break Camp 9:00 am-4:00 pm	Taco Tuesday: The Grille at FR 5:00 pm-8:00 pm	Pickleball Junior Training: Ages 7-11 3:30 pm-5:00 pm	Football Night: The Sports Lounge at FR 5:00 pm-8:00 pm	Halloween Gala: FR 6:00 pm-9:00 pm	Open House 10:00 am-2:00 pm
Sunday Football: The Sports Lounge at FR 12:00 pm-8:00 pm	Pickleball Junior Training: Ages 11-14 3:30 pm-5:00 pm	Line Dance for Pink 7:00 pm-8:00 pm	Burger Night: The Grille at FR 5:00 pm-8:00 pm	Basketball League 5:00 pm-9:00 pm		Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm
19	20	21	22	23	24	25
Baby & Parent Swim for Pink 11:15 am-11:45 am		Beginner Teen Tennis 4:30 pm-6:00 pm		Beginner Teen Tennis 4:30 pm-6:00 pm	Kids Monster Bash 4:00 pm-7:00 pm	Step for Pink 9:00 am-10:00 am
Sunday Football: The Sports Lounge at FR 12:00 pm-8:00 pm	Pickleball Junior Training: Ages 11-14 3:30 pm-5:00 pm	Taco Tuesday: The Grille at FR 5:00 pm-8:00 pm	Pickleball Junior Training: Ages 7-11 3:30 pm-5:00 pm	Football Night: The Sports Lounge at FR 5:00 pm-8:00 pm	TGIF Tennis 5:00 pm-9:00 pm	Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm
		Basketball League 5:00 pm-9:00 pm	Burger Night: The Grille at FR 5:00 pm-8:00 pm	Basketball League 5:00 pm-9:00 pm	Trivia Night: The Sports Lounge at FR 6:00 pm-8:00 pm	
26	27	28	29	30	31	1
Sunday Breakfast: The Grille at FR 10:00 am-3:00 pm		Early Morning Meditation 7:30 am-8:00 am		Beginner Teen Tennis 4:30 pm-6:00 pm	 Happy Halloween	
Baby & Parent Swim Clinic 11:15 am-11:45 am	Pickleball Junior Training: Ages 11-14 3:30 pm-5:00 pm	Beginner Teen Tennis 4:30 pm-6:00 pm	Pickleball Junior Training: Ages 7-11 3:30 pm-5:00 pm	Football Night: The Sports Lounge at FR 5:00 pm-8:00 pm	Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm	
Sunday Football: The Sports Lounge at FR 12:00 pm-8:00 pm	Book Club 5:00 pm-6:00 pm	Line Dance for Pink 7:00 pm-8:00 pm	Burger Night: The Grille at FR 5:00 pm-8:00 pm	Basketball League 5:00 pm-9:00 pm	TGIF Tennis 5:00 pm-9:00 pm	

All calendar events will take place at Carmel Valley unless otherwise noted. FR: Fairbanks Ranch

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.